

FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG STAFF STRONG ALUMNI STRONG FACILITIES
STRONG REPUTATION STRONG OUTCOMES STRONG CLIENTS STRONG FINANCES STRONG REPUTATION STRONG
STRONG STAFF STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG FACILITIES STRONG REPUTATION STRONG
STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG STAFF STRONG ALUMNI STRONG FACILITIES
STRONG COMMUNITY STRONG ALUMNI STRONG OUTCOMES STRONG STAFF STRONG FACILITIES STRONG REPUTATION STRONG
STRONG STAFF STRONG OUTCOMES STRONG REPUTATION STRONG STAFF STRONG FACILITIES STRONG STAFF STRONG
STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG FACILITIES STRONG FINANCES STRONG
STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG FINANCES STRONG REPUTATION STRONG
STRONG STAFF STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG FACILITIES STRONG REPUTATION STRONG
STRONG FINANCES STRONG STAFF STRONG OUTCOMES STRONG STAFF STRONG ALUMNI STRONG
STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG FACILITIES
STRONG COMMUNITY STRONG STAFF STRONG REPUTATION STRONG STAFF STRONG OUTCOMES STRONG REPUTATION STRONG
STRONG FINANCES STRONG REPUTATION STRONG OUTCOMES STRONG CLIENTS STRONG ALUMNI STRONG FINANCES STRONG REPUTATION
STRONG FINANCES STRONG FACILITIES STRONG OUTCOMES STRONG STAFF STRONG ALUMNI STRONG
STRONG FINANCES STRONG FINANCES STRONG OUTCOMES STRONG CLIENTS STRONG FACILITIES STRONG REPUTATION STRONG
STRONG ALUMNI STRONG STAFF STRONG ALUMNI STRONG REPUTATION STRONG FACILITIES STRONG REPUTATION STRONG
STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG ALUMNI STRONG FACILITIES STRONG
STRONG REPUTATION STRONG COMMUNITY STRONG OUTCOMES STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG
STRONG CLIENTS STRONG OUTCOMES STRONG STAFF STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG
STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG COMMUNITY STRONG REPUTATION STRONG FACILITIES STRONG
STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG COMMUNITY STRONG REPUTATION STRONG
STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG REPUTATION STRONG FACILITIES STRONG REPUTATION STRONG
STRONG CLIENTS STRONG STAFF STRONG REPUTATION STRONG FACILITIES STRONG REPUTATION STRONG
STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FINANCES STRONG STAFF STRONG REPUTATION STRONG
STRONG REPUTATION STRONG OUTCOMES STRONG FACILITIES STRONG REPUTATION STRONG REPUTATION STRONG
STRONG COMMUNITY STRONG OUTCOMES STRONG STATION STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG
STRONG ALUMNI STRONG COMMUNITY STRONG OUTCOMES STRONG ALUMNI STRONG REPUTATION STRONG
STRONG FACILITIES STRONG OUTCOMES STRONG CLIENTS STRONG ALUMNI STRONG REPUTATION STRONG
STRONG COMMUNITY STRONG OUTCOMES STRONG FACILITIES STRONG



NG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACIL
NG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG A
ACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STA
STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES S
NG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUT
STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG O
OMES STRONG CLIENTS STRONG STAFF STRONG ALUMNI **STRONG YEAR IN REVIEW: p2** STRONG FACILITIES STRONG REPUT
ES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG FACILITIES STRONG REPUTATION STRONG FINANCE
MUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION
FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG REPUTATION STRONG STAFF STRONG ALUMNI STRONG FACILIT
ATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES **STRONG OUTCOMES: p4** STRONG STAFF STRONG ALUM
ITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF
NG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRON
NG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG O
S STRONG STAFF STRONG ALUMNI **STRONG COMMUNITY SUPPORT: p6** STRONG OUTCOMES STRONG REPUTATION STRONG FAC
ONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG OUTCOMES STRON
FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STR
NG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG ALU
NG FACILITIES STRONG REPUTATION STRONG FINANCES **STRONG DONOR SUPPORT: p10** STRONG CLIENTS STRONG STAFF
NG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRON
NG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG O
ONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUN
ES STRONG CLIENTS OUTCOMES STRONG CLIENTS **STRONG CAPITAL CAMPAIGN: p18** STRONG ALUMNI STRONG REPUTATIO
ATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG REPUTATION STRONG ALU
STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STRONG
NI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENT
AFF STRONG ALU RONG FACILITIES STRONG REPUTATION **STRONG FINANCES: p20** STRONG COMMUNITY STRONG OUTCOMES
NTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY
STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG STA
UNITY STRONG OUTCOMES STRONG CLIENTS OUTCOMES STRONG CLIENTS STRONG STAFF STRONG ALUMNI STRONG FACIL
NG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES **STRONG LEADERSHIP: p21** STRONG OUTCOM
IG COMMUNITY STRONG FINANCES STRONG ALUMNI STRONG OUTCOMES STRONG CLIENTS OUTCOMES STRONG STAFF STRON
ACILITIES STRONG CLIENTS STRONG STAFF STRONG COMMUNITY STRONG OUTCOMES STRONG CLIENTS STRONG STAFF STR
STRONG ALUMNI STRONG FACILITIES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES ST
STRONG ALUMNI STRONG OUTCOMES STRONG REPUTATION STRONG FINANCES STRONG COMMUNITY STRONG OUTCOMES
NG STAFF STRONG REPUTATION STRONG FACILITIES STRONG REPUTATION STRONG COMMUNITY STRONG FINANCES STRONG OU

STRONG

2017

Strength is getting out of bed every morning and facing a world that often feels uncertain and menacing. Strength is standing by someone who is struggling even when he pushes you away. Strength is defining who you are as an individual, separate and distinct from your family and friends.

STRENGTH IS WHAT I SEE EVERY DAY AT SKYLAND TRAIL.

Recovery is hard work. It takes incredible determination and perseverance from our clients and their families. Recovery also requires a community of people who invest their time, expertise, and resources into the futures of the people we serve. Our staff, our board members, our donors, and our partners in the community are all vital to advancing our mission and helping our clients achieve positive long-term outcomes.

Your support in 2017 helped Skyland Trail continue to innovate, improve, and grow. Admissions to our residential and day treatment programs increased 22 percent over the previous year. We added new services, including transcranial magnetic stimulation, an effective leading-edge therapy for treatment-resistant depression. Programs for families and alumni, which are made possible entirely through charitable giving, served more people. And we awarded \$1.15 million in financial aid to help clients access and complete treatment.

Our 2017 client outcomes data, comparing assessments at admission with assessments at graduation, show significant improvements in our clients' symptoms and functionality. These improvements are a testament to the quality of our treatment program and the fortitude and commitment of our clients and their families.

THANK YOU FOR HELPING OUR CLIENTS DISCOVER THEIR STRENGTH. AND THANK YOU FOR ENSURING A STRONG PRESENT AND A STRONG FUTURE FOR SKYLAND TRAIL.



*Elizabeth E. Finnerty, MBA, MHA
President & CEO*



“ Skyland Trail saved my life. I had been stuck and hopeless for years, in and out of inpatient hospitals and treatment programs. Then I came to Skyland Trail and began making all the changes in myself I wanted to. The whole community is very supportive. Being surrounded by clients who had been through similar experiences and understood what it was like made all the difference in the world.”

—Emma G., Skyland Trail graduate

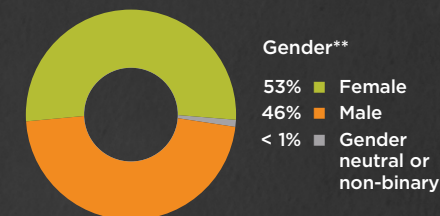
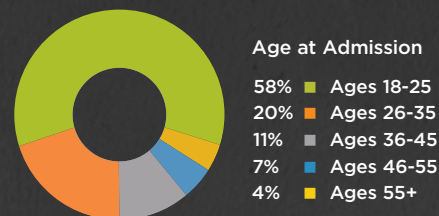
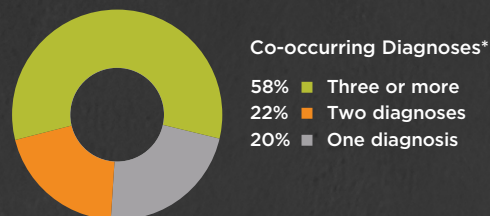
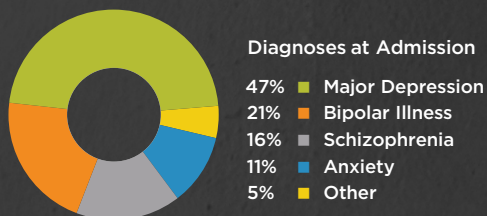
2017 YEAR IN REVIEW

Each year, Skyland Trail strengthens our treatment programs, improves our customer service, and expands our outreach and education efforts. In 2017, as we increased the number of clients and families served and continued to address the complex clinical needs of our patient population, we fortified our clinical team with additional experts and added new services and programming to our continuum of care.

TREATMENT SERVICES

- Skyland Trail received our eighth consecutive gold seal of approval from The Joint Commission. The Joint Commission is the nation's preeminent standards-setting and accrediting body.
- Admissions to our residential and day treatment programs grew 22% from 2016 to 2017.
- As a result of our national outreach, we welcomed our first clients from Montana and Vermont, and saw an overall 20% increase in admissions from outside of Georgia.
- More clients participated in non-intensive and outpatient programs in 2017. For example, clients served in our Outpatient DBT program doubled from 40 in 2016 to 80 in 2017.
- The Glenn Family Wellness Clinic began offering transcranial magnetic stimulation (TMS) as a service for adults with treatment-resistant depression. Overall, the number of services offered in the Clinic grew 43% from 2016 to 2017.
- Additional clinical team members, located across four campuses, were hired to provide more individualized and immediate support to our clients. And additional evening and weekend activities – including more community outings – were added to our residential and transitional living programs.
- The alumni program initiated peer support conference calls for out-of-state alumni. Weekly alumni activities are offered free-of-charge to Skyland Trail graduates and are made possible through charitable donations.

2017 CLIENT COMMUNITY



EDUCATION

- Five continuing education workshops held at Skyland Trail engaged more than 200 Atlanta mental health professionals, and presentations to Atlanta area schools and civic groups reached more than 1,800 parents, students, and community leaders.
- In December, we hosted our third annual RESPECT Institute training course, offered by the Georgia Department of Behavioral Health and Developmental Disabilities. Eight Skyland Trail graduates participated in the 3-1/2 day training course and learned ways to transform their personal recovery stories into educational and inspirational presentations.

- Skyland Trail experts made presentations at 13 national conferences, sharing best practices and raising awareness among 1,200 professionals from around the country.

RESEARCH

- A research poster prepared by the Skyland Trail research department titled, “Screening, Delivering and Measuring Outcomes For Cognitive Remediation Training in a Private Non-Profit Community Mental Health Setting,” was presented at IPS, The Mental Health Services Conference 2017.

BY THE NUMBERS



*Co-occurring diagnoses include borderline personality disorder, substance misuse, anxiety disorders, and others

** Gender reporting includes transgender clients according to their gender identity

2017 TREATMENT OUTCOMES

“ Skyland Trail uses objective tools to assess how our patients advance in their treatment and make adjustments as needed. Patients often have difficulty recognizing the progress they are making. Sometimes, seeing an objective measurement of clinical improvement – a change from score A to score B, or a trend line going up on a graph – helps patients see and acknowledge the positive steps they are making in their recovery journeys.

In this way, outcomes help demonstrate that hard work pays off and reveal to our patients that they are stronger than they know. ”

–Raymond J. Kotwicki, MD, MPH,
Charles B. West Chief Medical Officer

In 2017, measured outcomes confirm that our evidence-based psychiatric care, together with our holistic path to wellness, is effective.

Simply put, our clients get better.

88%

of all patients experienced a statistically significant improvement in functionality, symptoms and social relationships¹

76%

of all patients experienced a statistically significant improvement in hope²

92%

of patients leave treatment with a positive attitude about taking psychiatric medication³

83%

of patients with psychosis experienced statistically significant improvement in their thought disorder symptoms⁴

90%

of patients with very severe and severe symptoms of depression experienced clinically significant reduction⁵

93%

of patients who had clinically meaningful episodes of mania showed no symptoms of clinically meaningful mania at discharge⁶

74%

of patients with anxiety experienced statistically significant improvement in control of anxiety⁷

¹ Results are significant at the $p < .05$ significance level. The 32-item Behavior and Symptom Identification Scale (BASIS-32): ©McLean University, Affiliate of Harvard Medical School.

² Results are statistically significant at the $p < .05$ significance level. Beck Hopelessness Scale: Beck AT, Weissman A, Lester D, Trexler L. (1974). The measurement of pessimism: The Hopelessness Scale. *Journal of Consulting and Clinical Psychology*, 42(6), 861-865.

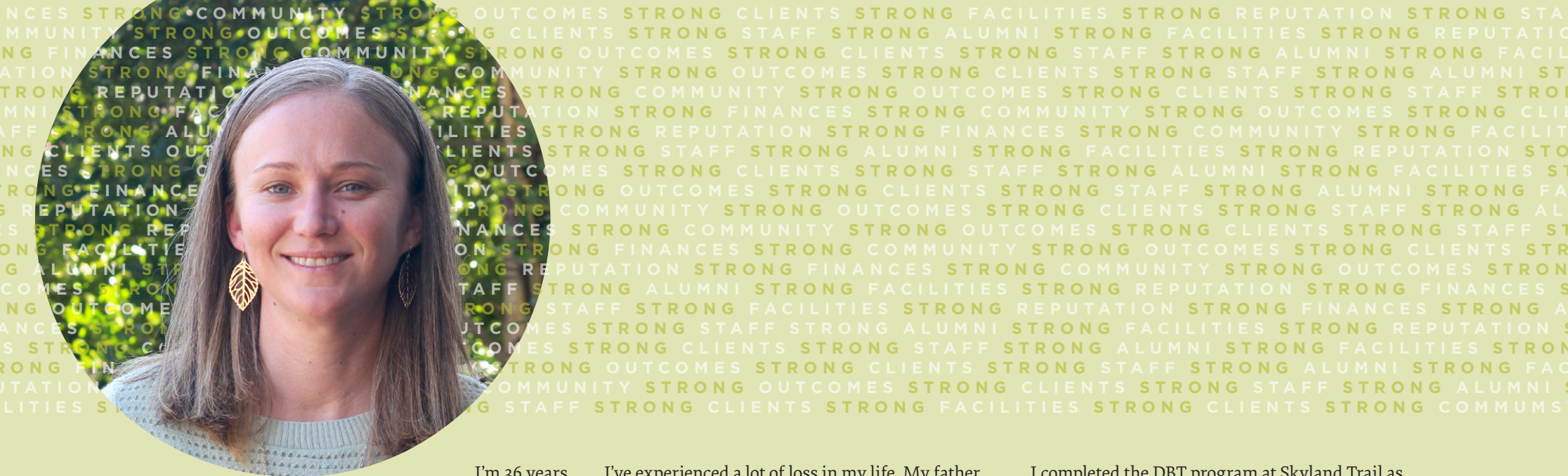
³ Results are statistically significant at the $P < .05$ significance level. Medication Attitude Inventory: Hogan TP, Awad AG, & Eastwood R. (1983). A self-report scale predictive of drug compliance in schizophrenics: reliability and discriminative validity. *Psychological Medicine*, 13, 177-183.

⁴ Overall JE, Gorham DR. The Brief Psychiatric Rating Scale. *Psychological Reports*. 1962; 10:799-812.

⁵ Montgomery, S.A. & Åsberg, M. (1979). A new depression scale designed to be sensitive to change. *British Journal of Psychiatry*, 134, 382-389.

⁶ Young RC, Biggs JT, Ziegler VE, Meyer DA: A rating scale for mania: reliability, validity and sensitivity. *British Journal of Psychiatry*, 133:429-435, 1978.

⁷ Hamilton M: The assessment of anxiety states by rating. *British Journal of Medical Psychology*, 32:50-55, 1959.



MY NAME IS SARAH.

I'm 36 years old and I would not be here without the help of Skyland Trail and financial aid. I was born and raised in South Carolina. I grew up in a middle-class family; my mom taught school for 35 years, and my dad was in sales. I'm the youngest of three children.

I grew up in the shadow of my family. I always did the right thing and stayed out of trouble. I had an older sister and an older brother who often did get in trouble and I didn't want to put any more burden on my parents, so I stayed in the shadow, did the right thing, and did well in school.

As an avid athlete, I received a scholarship to go to college. I played two sports in college: basketball and cross-country. I was never really the most popular kid, but I was never the biggest loser. I was oftentimes just there doing what I was supposed to, or trying to at least.

I've experienced a lot of loss in my life. My father was absent during much of my childhood, so my grandparents raised me. When I was 18 years old my older brother, who was 21, died by suicide. I was the last person he spoke to that night. When I was 30 years old, I went through a horrific divorce after being in that relationship for 11 years. Throughout this, I never really learned how to deal with any of it and I didn't know how to cope with it. I put my head down, buried myself in work and continued to make sure everybody else around me was doing okay.

I was always the caretaker. This worked great for me until I was about 34 years old, which is about two years ago, when things slowly started falling apart. I became very isolated and depressed. I did seek help through a therapist as well as a psychiatrist. Unfortunately, I was to the point where that was not helping at all. The therapist referred me to Skyland Trail in October 2016. When I got to Skyland Trail, I had completely forgotten how to feel or how to express any of my emotions. I was always just numb to everything. I didn't understand what was going on. I felt hopeless.

I completed the DBT program at Skyland Trail as well as some of the outpatient DBT program.

In fall 2017, I had to be hospitalized because I was having suicidal thoughts that became unmanageable. Once I was stabilized, I was fortunate enough to immediately return to Skyland Trail to work through the CBT program. This was a huge turning point for me and the only reason that it was possible was because I was awarded financial aid.

I've had good jobs. I've been successful. But, I was not in the financial state to be able to put myself through treatment. With the financial aid, I was able to really focus on myself and focus on my recovery and for that I am forever grateful. I was able to completely stop work and just focus on the treatment that Skyland Trail offers. With the unique and holistic approach of Skyland Trail, I feel like 100 percent a better person. I am probably in the best place I have ever been since I can remember in my life and I'm forever grateful for it. It's really been a once-in-a-lifetime experience.

24%

of clients received financial aid awards in 2017

\$9,002

average award per recipient in 2017

\$1.15M

total financial aid distributed in 2017

\$12.3M

awarded since 1999

COMMUNITY SUPPORT

Important changes are rarely achieved by one person acting alone. Each gift and act of service received from the community strengthens our ability to help our clients reach recovery.

Every new donor and corporate sponsor reinforces our capacity to provide world-class treatment and excellent care. Ongoing and sustaining commitments allow us to build up and improve our treatment program year over year and ensure that Skyland Trail will be available as a place of hope and healing for families now and for many generations to come.

ABOUT FINANCIAL AID

While clients and families are responsible for a portion of their treatment costs, our Mark C. West Financial Aid Program helps fill the gap. Financial aid helps clients stay in treatment longer, giving them time to fully develop the skills needed to sustain recovery and prevent relapse after leaving Skyland Trail. Beyond the financial impact, financial aid awards relieve stress and help families focus on what is truly important – supporting their loved ones and helping their families heal.

WHY WE GIVE *by Rob Brugh*

Skyland Trail was our family's last resort to help our youngest daughter. We felt like we had tried everything and we did not know where else to go.

Our daughter's diagnosis was elusive, and she had a mixture of related mental illnesses. We had tried private schools, therapy, medicine, and even an extended stay at a mental health facility. We never got an accurate diagnosis, and things were going downhill. Finally, our daughter decided she wanted and needed help.



Rob and Janine Brugh. Photo by Hunter Sheldon.

The bottom line is, Skyland Trail got results, when no one else did.

I saw a Skyland Trail brochure in her therapist's office.

I don't know what makes Skyland unique, other than Skyland was the only place that helped my daughter and our family. My daughter has been out of Skyland for a little over a year now, and the difference in her life has been dramatic.

We've learned that recovery is never a straight line, but her trajectory has been steadily heading up with minor dips in between. She is living independently, and her life management skills are steadily improving. Through Skyland Trail's holistic programs that focused on healthy minds and bodies, she has lost a significant amount of weight, which has improved her physical health and given her a huge boost

of much-needed confidence. My wife and I still play supporting roles, but we are no longer bouncing from one crisis to the next. We have learned to be patient with progress and to celebrate each small step forward.

I am very reluctant to tell people what charitable causes one should devote their resources to, so I will only explain why we chose to give to Skyland Trail. Mental illness is beginning to make it into society's consciousness but still has a long way to go. I think we are on the cusp of a more universal understanding that mental illness is not a weakness of character but a medical illness with many effective treatments available.

Until this broader understanding is reached, many individuals continue to suffer without access to good treatment options, and their families and communities suffer as well. Skyland Trail is leading the charge in effectively treating those of us with mental illness and raising awareness that, with treatment, individuals with a mental health diagnosis can live productive, meaningful lives.

That is why we decided to support Skyland Trail. Bottom line is: Skyland Trail got results, when no one else did. Our daughter has more work to do but she now has hope because she has experienced happiness. I believe she is on her way to a fulfilling life, and Skyland Trail was a huge component of this change.

“ People show their strength in so many different ways – solving problems, removing barriers, breaking records. Through my involvement with Skyland Trail, I’ve seen a special kind of strength. When I hear the stories of clients and families who are working hard to hold on to hope and use newly developed skills to make tomorrow better than today, I see a resilience and courage that is inspiring. I am also inspired by the dedication and compassion of the Skyland Trail experts who help clients find and use their strength to heal and thrive. My family and I are proud to support Skyland Trail through our charitable giving. ”

Cara Isdell Lee
Skyland Trail Advisory Board Member



“ At IBERIABANK, we strongly believe in supporting the communities we serve. As a company, one of our highest priorities is giving back to organizations, like Skyland Trail, that truly make a difference in our local communities. Individuals living with mental illness are ‘stronger than you know,’ and we proudly support them and their families as they work toward healthy futures with guidance and aid from the caring experts at Skyland Trail. ”

Mark Tipton
*Executive Vice President, Georgia Regional President, IBERIABANK
Member, Skyland Trail Board of Directors*



IBERIABANK was a gold sponsor of the 2017 Skyland Trail Associates Spring Luncheon and a gold sponsor of the 2017 Benefits of Laughter.

1,000

Individuals attended a fundraising event in 2017

GIVING HIGHLIGHTS

325

First-time donors

56

New leadership donors
(gifts of \$1,000 and above)

43%

Increase in Grateful Families donors

21

New corporate sponsors across our three fundraising events

“ The reason we chose Skyland Trail as the beneficiary of our 5K is because we all know someone affected by mental illness. Most people don't talk about it, but it's an important topic to address in our communities. We want to help raise awareness and highlight the great work Skyland Trail does day in and day out. ”

- Kevin Nolan, NTG Founder and CEO, Skyland Trail Advisory Board Member

THE ROAD TO RECOVERY

In July, Nolan Transportation Group (NTG) hosted the Rhino Family 5K, a road race benefiting Skyland Trail. Over 220 participants, including employees, family, friends and community members, raised \$10,000 for Skyland Trail. Other race sponsors included OTR Capital, Marquee Insurance Group, and PayHawk.



Katie Dozier, Kevin Nolan, Ashley David, Chris Cline

FINDING HUMOR IN THE JOURNEY

Owner of Atlanta comedy club Laughing Skull Lounge, Marshall Chiles, donated his time and talent to teach a six week comedy class at Skyland Trail. At the end of the class, participating clients learned how to find humor in their recovery journeys and each performed a 5-minute routine for their peers at a community meeting.

LAISSEZ LES BON TEMP ROULER

In February, The Voilà Foundation held its 2nd Annual Roswell Mardi Gras Ball at The Pavilion at Olde Towne. The fundraiser, sponsored by BrandBank, raised \$50,000 with nearly 300 guests in attendance. Proceeds from the event benefited Skyland Trail and the Roswell Woman's Club.

ASSOCIATES DECK THE HALLS

Members of the Skyland Trail Associates volunteered throughout the year to enhance client services and help make Skyland Trail a home-away-from-home for our clients. In December, several Associates spent a day decorating our campuses for the holidays, ensuring our facilities and gardens reflected the hope and warmth of the holiday season for our clients and their families.



Nancy Izlar, Sarah Goodman, and Suci Jackson



PLANNED GIVING: THE CYPRESS SOCIETY

We extend our sincere thanks to the individuals and families who have made legacy gifts that will ensure that Skyland Trail continues to meet the needs of future generations through state-of-the-art facilities and innovative, leading-edge treatment programs.

As of December 31, 2017:

Anonymous (5)
 Elizabeth Alexander
 Charlotte Pierce-Baker and
 Houston Baker
 Ellen and Roland Behm
 Shelby and Dick Bryant
 Sarah Aline Carpenter*
 Chris Cline
 Cecil Conlee

Margaret Perdue Denny
 Vivian Noble DuBose
 Cynthia and John L. Ferguson
 Elizabeth E. Finnerty and
 David Martin
 Margaret V. Finnerty
 Carol and William H. Fox*
 Dorothy C. Fuqua*
 Helen and John C. Gordon
 Anne and Bernard Gray
 Wally G. Hills and Thomas D. Hills

Kristin and Jim Howard
 Dorothy O. Jackson*
 Douglas E. Jackson
 Glen O. Jackson
 Jane and Clay Jackson
 Beth C. Jones
 Patrick M. Kelly
 Dixie and Duey Kerper
 Raymond James Kotwicki, MD, MPH
 Amy R. Kreisler
 Kelly Loeffler and Jeff Sprecher

Betts Culp Love
 Melissa and Chris Lowe
 Maryland and Don McCarty
 Jay D. Mitchell
 Jackie and Tony Montag
 Elizabeth C. and Harry G. Moore, Jr.
 Doris and Jeff Muir
 Karen and Richard Parker
 Mary Anne Quin
 Nancy and Ted Spetnagel
 Michelle and Stephen Sullivan

Margaret and Randolph W. Thrower*
 Diana and Mark Tipton
 Janet and John* Turman
 Pennie and Dan Walden
 Brooke Tribble Weinmann
 Marjorie and Charles West*
 Mark C. West
 Marjorie C. Wynne
 John B. Zellars, Jr.
 *Deceased



ENDOWED CHARLES B. WEST CHIEF MEDICAL OFFICER

In October 2017, Skyland Trail announced the permanent endowment of the chief medical officer position in honor of founding board member, Charles B. West. The establishment of the endowed position of Charles B. West Chief Medical Officer was made possible with support from a charitable remainder unitrust from the late Mr. and Mrs. West, in addition to support from The West Foundation. The purpose of the endowed position is to provide sustaining support for Skyland Trail and to enable the organization to continue its leadership and innovation in the field of mental health care.

“ Charles West helped establish Skyland Trail as an early leader in the delivery of respectful, effective, patient-focused mental health treatment. I am honored to be named the inaugural Charles B. West Chief Medical Officer. ”

-Raymond J. Kotwicki, MD, MPH, Charles B. West Chief Medical Officer



2017 DONORS

Gifts made throughout the year, including program-specific donations.

Skyland Trail is especially grateful for leadership donors who made gifts of \$1,000 and above.

Gifts of \$100,000 and above

Catherine Shropshire Hardman
Spray Foundation Inc.

Gifts of \$15,000 - \$99,999

Anonymous
Betsy and Scott Akers
Connolly Family Foundation, Inc.
Fraser-Parker Foundation
Abby and John Irby
Jane and Clay Jackson
The Lanier-Goodman Foundation
Kelly Loeffler and Jeff Sprecher
The Rich Foundation
The John and Polly Sparks Foundation
The Voilà Foundation, Inc.
Lisa and Vincent West

Gifts of \$10,000 - \$14,999

Anonymous
Hugh M. Inman Foundation
Isdell Family Foundation
Patricia Toy Johnson
Carrie and Whit Lanier
Betts Culp Love
Libby and Brooks Barge
Jackie and Tony Montag
Nolan Transportation Group

Patty and Doug Reid
Voices of Hope, Inc.
Betsy and Mark West

Gifts of \$5,000 - \$9,999

Anonymous (3)
The Akers Foundation, Inc.
Carol and Walter Berman
Camp-Younts Foundation
Mary Virginia and Peter Coffman
The Cross Foundation
Epps Aviation
The John and Mary Franklin Foundation
Duvall and Rex Fuqua
Gellerstedt Family Fund
Rand and Seth Hagen
IBERIABANK
Lou Brown Jewell
Amy and Nevin Kreisler
The Martha & Wilton Looney
Foundation Inc.
Bett and Ray Moses
The Shauna and Jim Muhl Giving Fund
Lee and Steve Olsen
Cecelia and David Ratcliffe
Emily Winship Scott Foundation
Mary and Tom Watson

Gifts of \$1,000 - \$4,999

Donna and David Allman
Wendy and Neal Aronson
Charlotte Pierce-Baker
and Houston Baker
Susan Baumgartel
Donna and Mark Bergeson
Carrie and Andy Beskin
Trudie and Mike Bisciotti
Emily and Eric Bleke
Sami and Michael Bolger
Kit and David Bowlin
Tracy and Steve Cahillane
CBRE Foundation, Inc.
Cherokee Garden Club
Celia and Jack Chue
Chris Cline
Lynda and Richard Courts
Overton & Lavona Currie Foundation
Betty Jo and Andy Currie
Annelly Deets
Christie and Doug Derrick
Jennifer and Mike Dobbs
Barbara and DeWitt Ezell
Cindy and John Ferguson
Marge Finnerty
Mimi and Ed Fiorentino
Jennifer Fuqua Fowler
Shearon and Taylor Glover
Katy and Marc Goodrich

Hill Hardman
Becca and Rudy Harrell
Allison and Ben Hill
The Hills Family Foundation
Kristin and Jim Howard
Sue and Dan Huff
Abby and John Irby
Claire and Glen Jackson
Bobbi Cleveland and Stan Jones
Whitney Jones
David & Jennifer Kahn Family
Foundation, Inc.
Sarah and Jim Kennedy
Kiwans Foundation of Atlanta, Inc.
Lois and Lucy Lampkin Foundation
Lesko Family
Valerie and David Love
Melissa and Chris Lowe
Kim and Greg Marks
Jody and Dan McGrew
Liz and Alfred Means
Michael Mock and Clinton Lane Rice
Mimi Monet
Moran Family Foundation
Doris and Jeff Muir
Janine and Mike Nell
Irene and Jim Nowicki
Colleen and Sam Nunn
Beth and David Park
Betsy and Mark Riley

H. English & Ermine Cater Robinson
Foundation, Inc.
Lou and Paul Roth
Phillip Sadler
Beth and James Scott
William Shaffer
Eloise and Stephen Shepherd
Liz and Chas Smithgall
Michelle and Steve Sullivan
TEGNA Foundation
TOOTSIES
George Van Dyke
Mary Louise and Greg Ward
Virgil P. Warren Foundation
Brooke and Winston Weinmann
Elizabeth and Chris Willett
Lou Winship
Young Family Fund
John and Randy Zellars
Kay and Joe Zolkowski

Gifts of \$100 - \$999

Anonymous
Madeline and Howell Adams
Anita and Thomas Adams
Lea Agnew
Elizabeth Alexander
Virginia and Bond Almand
Gretchen and Craig Anderson
Debbie and Paul Anderson



(L) Kim Marks and Valerie Love; (Center) Margie Wynne, Robby & Tyler Wynne, Robert Wynne; (R) Bill & Christine Ragland, Jane & Clay Jackson, Karen & Richard Parker

STRONG

SUPPORT

Anjali and Bobby Arnold
 Phyllis and John Atkinson
 Beth and Bruce Badgett
 Suzanne Baker
 Alexandra Balzer
 Mary Helen and Jack Bashlor
 Clarence Bashlor
 Melissa Batis
 Tonya Beckett-Johnson
 Kevin Bergquist
 Jackie and Jay Berkelhamer
 Kathy and Ken Bernhardt
 Glenda Berthelot
 Yves Berthelot
 Blind Ambition Management
 Dr. Elizabeth Boswell
 Nancy and Carl Bowen
 Sumner and Wes Bradshaw
 Lanie and Robert Brandon
 Ann and Kingman Brown
 Deborah and Arthur Browning
 Kathy and Benjamin Bryant
 Mary and Eric Burns
 Nelda and Frank Cairns
 Anneliese Camrud
 Nancy and Dan Carithers
 Carol Cartus
 Barbara and Gary Caruso
 Sally and Jim Chafin
 Carson Chinn
 Susie and Clyde Click
 Jean and Robert Cochoy
 Dawn Collinge
 Lillian Conlee
 Angela and Andrew Connell
 Courts and Becky Cooledge Family Fund
 Perry Cox
 Jeffrey Crowder
 Melinda Dang
 Shelley Danser
 Ashley David
 Ann and Seth Davies
 Nancy and Joe Davis
 Danielle Deane
 Charlene and Frank DeBorde
 Margaret and Dallas Denny
 Susan and Ron Determann
 Richard Dixon
 Katie and Taylor Dozier

Carolyn Dozier
 Druid Hills Garden Club
 Ryan and Sam Dunlap
 Cheryl and Daniel DuPree
 Mindy and Mike Egan
 Lisa and Carl Eikhoff
 Daisy Ellis
 Yael and Jon Ellis
 Employment Learning Innovations, Inc.
 Everywhere LLC
 Susan and Dan Faulk
 Pam and Hank Fellows
 Debbie and Ric Felker
 Beth Finnerty and David Martin
 The Fischer Trust
 Pat and Lisa Flood
 Elaine and Steve Franklin
 Jamie Gaddy
 Nizida and Pedro Garcia
 Marsha and John Gates
 Lisa and Cove Geary
 Steve Gelfand
 John Gentry
 Amy and Chris Gilfriche
 Katie and Ryan Grant
 Susan and Phil Greene
 Kathi and Billy Gunn
 Pam and Jim Hagle
 Sally and Steve Harbison
 Nancy and Don Harrelson
 Elizabeth and Joe Harris
 Annette and Pete Hasbrook
 Heekin Family Fund
 Ann Helms
 Laura and Brian Henry
 Ellen and Gary Henschen
 Helen and Jeff Herbert
 Ellen and David Herold
 Buddy Hicks
 Beth Higbie
 Deborah and Peter Hill
 Barbara Hirschowitz
 Mary Ann Hite
 Ellen and Jack Holland
 Arlene and Michael Hormann
 Doug Hurd
 Caroline Irion
 Jewell Properties of Amelia Island LLC
 Cedrella Jones-Taylor

Martha and George Kaulbach
 Johnetta and John Kearns
 Betty Kegley
 Kelly King
 Dr. Bill Klopstock
 Mr. and Mrs. Charles Konas
 Ray Kotwicki and Todd Pouwels
 Jody and Harry Kuniansky
 Cathy and Michael Labanowski
 Kim LaBoone
 Desiree Lambert
 Carrie and Whit Lanier
 Laurie Lashomb
 Joyce Latimer
 The Lee Group, SunTrust Banks, Inc.
 Nancy Wiggins-Lester and Bill Lester
 Licensed Professional Counselors
 Association of Georgia
 Loeb Family Foundation, Inc.
 Lynda and Don Loeffler
 Mara and Bert Loftman
 Martha Logan
 Richard Long
 Becky and Bob Lough
 Lisa and Philip Luberoff
 Missy and Patrick Madden
 MARTA Employees Charity Club
 Maryland and Don McCarty
 Sally and Mike Masters
 Dr. Steven McDaniel
 Natoya McMurray
 Jean and Bill Millkey
 Amanda Mitskevich
 Amy Yousefi and Mostafa Modirrousta
 Andrea and Ned Montag
 Beth and Harry Moore
 Betsy and Sandy Morehouse
 Freya and Carlos Muniz
 Elizabeth and Mike Nadal
 Bill Naleid
 Mr. and Mrs. Mark Nappi
 Katrina and Godfrey Newton
 Jeanne O'Bryan
 Cynthia Odom
 Timothy O'Donnell
 Lynn and Galen Oelkers
 Anna and James Ostervold
 Jean and Bill Parker
 Bettie Patterson

Martha and Billy Payne
 Penny and Billy Peebles
 Wilds Pierce
 Eleanor Post
 Kathryn and Donald Pouwels
 Jeanmarie and Alan Quarterman
 Suzy Quenzer
 Mary Anne Quin
 Chrissy and Keene Reese
 Cynthia and Michael Reid
 Jill and Craig Reynolds
 Mr. and Mrs. Frank Rice
 Caryl and Frank Rinker
 Ana and Eric Robbins
 Susan and Jim Roberson
 Russell & Associates, Inc.
 Jane and Rein Saral
 Darva and Daraka Satcher
 Scott Schap
 Janet and Ira Schwartz
 Sarah Scorza
 Laura Sellers
 Beth and Jerry Shaifer
 Susan and Jim Shepherd
 Libba and Bill Shortridge
 Caryl and Ken Smith
 Mary-Teresa and Craig Smith
 Ann Smith
 Kevin Snodgrass
 Jeffrey Spaulding
 Yvonne and Robert Spiotta
 Tad and Melissa Stahel
 Jerrine Stanbury
 Lauren Standish
 Suzanne and Craig Stone
 Cindy Strella
 Nola and Andy Stull
 Melissa and Fred Sturgis
 Maureen and Michael Sullivan
 Cynthia and Bill Tate
 The Tharpe Foundation
 Phylliss Till
 Diana and Mark Tipton
 Rebecca and Bruce Treadway
 June and Chesley Tredway
 Kelly Turner
 Jill Tyrer
 Jill and Jeff Vantosh
 Kim Venable

Vencore
 Carolyn Vigel
 Susie and Patrick Viguerie
 Cathy and Jimmy Walker
 Ally and Todd Wandtke
 Yueming and Youjiang Wang
 Robert Waterman
 Ruth and Charles Wellborn
 Marguerite and Marshall Wellborn
 Susan and Walter Wellman
 Karen and Chuck Wharton
 Joe White
 Kaki Williams
 Susan Willingham
 Kiki Wilson
 Lauren and Robert Winborne
 Lynne Winship
 Sally and Oran Woodall
 Sherry and Billy Wren
 Margie and Robert Wynne
 Carolyn and Jon York

BENEFITS OF LAUGHTER 2017

Event Chairs

Jane and Clay Jackson

Patron Committee Chairs

Christine and Bill Ragland

Corporate Committee Chair

Andy Stull

Leadership

ZWJ Investment Counsel

Diamond

Atlanta Fine Homes Sotheby's
 International Realty
 Delta Air Lines

Platinum

Anonymous
 Isdell Family Foundation
 Donna and Stan Sands
 Margie and Robert Wynne

Gold

Angel Oak Companies
 Jennifer and Tom Bell
 BNY Mellon Wealth Management
 BrandBank
 The Brookdale Group

2017 DONORS

(continued)

Duvall and Rex Fuqua
Lorre and George Gaudiosi
Shearon and Taylor Glover
Anne and Berny Gray
Holder Construction Company
IBERIABANK
Beth and Don Inman
Tish and John Inman
Intercontinental Exchange (ICE)
Jennifer and David Kahn
The Klump Family Foundation
Amy and Nevin Kreisler
Jet Linx
Masters Capital Management, LLC
Sue and John McKinley
MONTAG
Karen and Richard Parker
Patty and Doug Reid
Andrea and Tim Rollins
The Sartain Lanier Family Foundation
Kelly Loeffler and Jeff Sprecher
Voices of Hope, Inc.
Betsy and Mark West

Silver

Atlantic American Corporation
BlueCross BlueShield of South Carolina
Nancy and Doug Bryant and
Sherlock's Wine Merchant
CBRE
Crawford Investment Counsel
Donna and Chip Davidson
Emory Department of Psychiatry
and Behavioral Sciences
Eversheds Sutherland (US) LLP
Katie and Reade Fahs
Goldman, Sachs & Co.
Gray Television, Inc.
Greenberg Traurig LLP
Rand and Seth Hagen
Hennessy Automobile Companies
Houlihan Lokey
JPMorgan Chase Bank
Kalka and Baer, LLC
Valerie and David Love
Melissa and Chris Lowe
Jackie and Tony Montag
Doris and Jeff Muir
Sharon and Bill Oglesby

Printpack
Regions Bank
Russell Reynolds Associates
Shiver Hamilton, LLC
Nola and Andy Stull
Wells Fargo Bank
Elizabeth and Chris Willett

Bronze

Arnall Golden Gregory LLP,
Private Wealth Group
Kit and David Bowlin
Kate and Lyons Brewer
Nan and Ed Easterlin
Douglas J. Hertz Family
Foundation, Inc.
Allison and Ben Hill
Dorothy Jordan and Tom Grathwohl
Miller + Boyd
NAI Brannen Goddard, LLC
Northwestern Benefit Corporation
Beth and David Park
PNC
Christine and Bill Ragland
Reicon Capital, LLC
Harrison and Brennan Spry
Brooke and Winston Weinmann

Patron

Anonymous
Kristie and Charles Abney
David Adams
Helen Ballard
Libby and Brooks Barge
Olivia and John Barge
Ginny and Charles Brewer
Lisa and William Bridges
Boog and Sam Candler
Aimee and Tom Chubb
Amy and Cecil Conlee
Kathy and Tom Cotney
Coxe, Curry & Associates
Cushman & Wakefield
Gayle and David Demarest
Kate and Jim Denny
Margaret and Dallas Denny
Jennifer and Mike Dobbs
Vivian and Sam DuBose
Janice Durant

Cindy and John Ferguson
Jennifer and Marty Flanagan
Jennifer Fuqua Fowler
Carol Goodman
Elizabeth and Sheffield Hale
Susan and Jim Hannan
Meg Heyer
Wally and Tommy Hills
Kristin and Jim Howard
Katie and West Johnson
Mary Gossett and Marsh King
Ken Kraft
Carrie and Whit Lanier
Stacey and Don Leebern
Deborah and Bill Liss
Claudia and Alex Livingston
Elizabeth and Tom Long
Betts Culp Love
Anne and Michael Marino
Kathleen and Ray Michaels
Susan and Bob Mills
Denise and Jay Mitchell
Anne and Jeff Neikirk
Michelle and Jeff Neville
Kim and Tom Noonan
Marbury Rainer
Becky and Mark Riley
Tricia and Maurice Rosenbaum
Peggy and John Shepard
Becca and Clyde Shepherd
Carolyn and Bill Shiverick
Caryl and Ken Smith
Summit Investors, LLC
Maria and Tim Tassopoulos
June and Michael Tompkins
Susan and Glenn Warren
Mary and Tom Watson
Martine and Andy Weber
Ruth and Charles Wellborn
Leslie and David Wierman
Windham Brannon P.C.
Yates Insurance Agency

Friends

Anonymous
Joanna and Al Adams
Chris and Scott Arnold
Yum and Ross Arnold
Courtney and Scott Bazemore

Rebecca and Erik Becker
Camry Blaising
Marc Bosworth
Mary and John Brock
Laurie and Gordon Buchmiller
CenterPoint Properties
Chris Cline
Kristin Clyde
Laura Deisley
Susan and Dan Faulk
Louise and Bruce Faurot
Jennifer and David Foster
Kathi and Bob Goddard
Julia and Bayne Hill
Sheila and Bill Hodges
Ellen and Jack Holland
W. Brandon Houston
Lauren and Bo Jackson
Molly and John Jamieson
Ellen and Ray Jones
Sandy and Robert Larmore
Liz and Peter Lauer
Kim and Stephen McCollam
Ginny and Guy Millner
Elizabeth and Mike Nadal
Tricia and Hod Nalle
Oxford Industries Foundation, Inc.

Jean and Bill Parker
Ruth and Garry Schaefer
Jodi and Tom Schoborg
Paul B. and Mildred Seydel Foundation, Inc.
Thad Sheely
Mary-Heather Sheridan
Liz and Chas Smithgall
David Solomon
Penny and Edward Tokash
Bill and Ann Viehman
Jennifer Waddy
Olivia and Zach Wall
Leigh and Tim Walsh
Maryanne and William Winchester

SOUTHERN SHINDIG 2017

Event Chairs

Katherine and Jason Deere

Leadership Sponsor

The Sands Family Charitable Fund

IPA Sponsors

Anonymous
Everest Family Foundation
The Hendon Family
Printpack

“ Getting involved and volunteering my time to Skyland Trail has led to such a greater appreciation of what it takes to run, fund and operate such a top notch treatment center. The organization doesn't run on its own, but rather is bolstered by dedicated staff, passionate volunteers and a community that understands the unparalleled resources Skyland Trail provides. In many cases, individuals who arrive at Skyland Trail are already at their wit's end, hopeless and frustrated from multiple attempts at treatment. Skyland is such a light for clients and their families and has the ability and history of changing lives and returning joy to individuals who never thought that day would come. For these reasons and many more, I will always have the greatest respect for Skyland Trail and the people who choose to support it. ”

- Reeves Henritze, Skyland Trail donor, 2017 Southern Shindig Auction Chair



(L) Andy & Nola Stull; (Center) Karen Parker, Fraser Parker, Lib Quirk; (R) Tommy & Wally Hills, John & Olivia Barge, Brooks & Libby Barge

Georgia Brown Sponsors

Carlock, Copeland & Stair LLP
 Colliers International
 First Beacon Investments, Inc.
 Morgan and Alan Hamilton
 Griff and Charles Smithgall
 Weathington McGrew

Blue Supporters

Libby and Brooks Barge
 Emily and Eric Bleke
 Catherine and TJ Callaway
 Maddie and Connor Davidson
 Eileen and Joe Gebbia
 Cindy and Dave Jolley
 Catherine and Kenny Kraft
 Amy and Nevin Kreisler
 Betts Culp Love
 Kate and Michael Monk
 Treacy and Mark Shaw

Gifts in Kind and Special Thanks

Acquisitions
 Alison Blue
 Audrey Allman Designs
 Blast
 Clary Bosbyshell
 Castellucci Hospitality Group
 DAS BBQ
 Connor Davidson
 Donna and Chip Davidson
 DEFINE body & mind

Delta Air Lines
 Margaret Denny
 Mike Dobbs
 Doruka Sushi
 Kwynn and Chris Everest
 FlyWheel
 Gusto
 Allie Hendee
 Fred and Terry Henritze
 Kendra Scott
 Maggie Mathews Wingo
 Harrison Martin
 Missy McGuirk Maude
 Onward Reserve
 Pink Barre
 Red's Outfitters
 S. Carter Designs
 Sally King Benedict
 SculptHouse
 Laura Service
 Treacy Shaw
 Sherlock's Wine Merchant
 Smocking Bird Kids
 Farley Sirockman
 Southwest
 St. Cecilia
 Michael Stanley
 Stellar Bodies
 Teil Duncan
 The Fifth Group
 The St. Regis

Total Row Fitness
 W. Port
 West Coast Workout
 Robby Wynne

ASSOCIATES LUNCHEON 2017

Associates President: Diana Tipton
Associates Vice President: Sue McKinley

Gold Sponsors

Atlanta Fine Homes Sotheby's
 International Realty
 IBERIABANK
 Tanner, Ballew and Maloof, Inc.

Gold Patrons

Anonymous
 Betsy West

Silver Sponsors

Anna Paré, M.D. -
 Dermatology Consultants
 GenSpring Family Offices
 Northwestern Mutual Goodwin, Wright
 Sons Automotive Group
 VEININNOVATIONS
 Westphal & Barber Tutoring

Silver Patrons

Nancy Caswell
 Donna Davidson
 Duvall Fuqua

Amy Kreisler
 Karen Parker

Table Hosts

Tracy Cahillane
 Cindy Ferguson
 Beth Inman
 Valerie Love
 Tricia Nalle
 Beth Park
 Leigh Pollard
 Christine Ragland
 Becky Riley
 Patti Thomas
 Mary Watson

Donors

Joanna Adams
 Tami Ayres
 Karen Bailey
 Deborah Bald
 Helen Ballard
 Trudie Bisciotti
 Susan Boyd
 Julie Bradbury
 Katie Bronstein
 Nancy Bryant
 Marion Bunker
 Tracy Cahillane
 Nancy Calhoun
 Helen Caudill
 Mary Virginia Coffman

Diana Conway
 Gwynie Dennard
 Shannon Dixon
 Elizabeth Docker
 Elizabeth Doran
 Sally Dorsey
 Doris Fuller
 Dallie Gaskin
 Evia Golde
 Carol Goodman
 Maggie Goodsell
 Barbara Grondzki
 Shelby Gutenberger
 Kim Hall
 Patty Hatcher
 Sally Hauptfuhrer
 Julie Hill
 Keisha Hines
 Melanie Hong
 Clayton Howell
 Kari Hudson
 Nancy Izlar
 Helen Izlar
 Liza Jancik
 Katie Johnson
 Jennifer Kahn
 Johnetta Kearns
 Mary Ellen Klingner
 Loretta Lepore
 Julie Levine
 Mary Lindgren

2017 DONORS

(continued)

Lee Loughran
Betts Culp Love
Cindy Mallard
Pattie McCrady
Marjette McDonnell
Lorraine Miller
Ashley Miller
Denise Mitchell
Kate Monk
Lauren Monroe
Jackie Montag
Ashley Morris
Stephanie Nalley
Carleen Newsome
Katrina Newton
Kim Nolte
Swati Patel
Wendy Petersen
Bet Pope
Christine Propst
Jen Puricelli
Jeanmarie Quarterman
Lib Quirk
Cathy Rhodes
Shayla Rumely
Ruth Schaefer
Jodi Schoborg
Katherine Scott
Beth Shaifer
Sally Singletary
Lisa Smith

Hampty Smith
Shirley Anne Smith
Liz Smithgall
Lee Sobel
Elizabeth Spratlin
Harrison Spry
Tricia Stevens
Susan Thigpen
Georgia Thompson
Jan Wallace
Leigh Walsh
Susan Warren
Jay Weber
Brooke Weinmann
Kendrick Williams
Jennifer Wilson

Gifts in Kind and Special Thanks

Abbey Glass
Anna Paré, M.D. -
Dermatology Consultants, P.C.
James Hurley Designs
Laura Pearce, Ltd.
Woo Skincare + Cosmetics
Ursula Wiedman Models
VEININNOVATIONS

ASSOCIATES FUND DONATIONS 2017

Gayle Alston
Cyndae Arrendale
Karen Bailey
Lindsay Bender

Campbell Bleke
Claire Bowen
Julie Bradbury
Suzette Brading
Melissa Buckner
Marion Bunker
Nancy Calhoun
Mary Virginia Coffman
Diana Conway
Becky Cooledge
Kathy Cotney
Ann Culley
Joni Cushing
Donna Davidson
Charlene DeBorde
Shannon Dixon
Deanna Dooley
Carol Doty
Vivian DuBose
Elizabeth Ebert
Cindy Ferguson
Jennifer Foster
Duvall Fuqua
Jennifer Fuqua Fowler
Carol Gellerstedt
Nancy Glenn
Georgina Goldsmith
Carol Goodman
Caroline Greatrex
Elizabeth Hale
Linda Harris
Sally Hauptfuhrer

Meg Heyer
Mary Ann Hite
Julene Hodges
Melanie Hong
Kristin Howard
Robin Howell
IBERIABANK
Abby Irby
Helen Izlar
Joan Johnston
Jennifer Kahn
Mika Kawana
Amy Kreisler
Carrie Lanier
Liz Lauer
Mary Lindgren
Dana Lindsay
Betts Culp Love
Valerie Love
Kim Marks
Cindy Martin
Courtney Martin
Lorri McClain
Kim McCollam
Jody McGrew
Sue McKinley
Lorraine Miller
Kate Monk
Lauren Monroe
Andrea Montag
Liz Mori Lauer
Page Morocco

Nida Mudd
Elizabeth Nadal
Marian Nesmith
Alice Nolen
Kristin Norton
Kathleen O'Donnell
Beth Park
Laura Pearce
Wendy Petersen
Leigh Pollard
Michelle Pope
Elizabeth Pritchard
Kay Quigley
Lib Quirk
Patty Reid
Denise Rezek
Becky Riley
Andrea Rollins
Tricia Rosenbaum
Jodi Schoborg
Miyuki Sheppard
Carolyn Shiverick
Liz Smithgall
Mary Kelly Speed
Elizabeth Spiegel
Elizabeth Spratlin
Harrison Spry
Tricia Stevens
Jennifer Streeter
Marie Stribling
Nola Stull
Michelle Sullivan



(L) Marty & Jennifer Flanagan; (Center/left) Andrea & Ned Montag, Rand & Seth Hagen; (Center/right) Mary Pat Crouch, Ty Smith, Brooke Wienmann, Cindy Ferguson; (R) Lisa & John Snodgrass

Dunwreath Swanson
Susan and Bill Thigpen
Diana Tipton
Caroline Tucker
Janet Turman
Leigh Walsh
Mary Watson
Jay Weber
Caroline Weimar
Betsy West
Jennifer Wilson
Sally Woodall
Marge Wynne

HONOR AND MEMORIAL GIFTS

Gifts in Memory

Kevin Baker

Ashley and Prescott Miller

Selwyn Begner

Jody and Harry Kuniansky

Oliver Bolger

Phyllis and John Atkinson
Clarence Bashlor
Mary Helen and Jack Bashlor
Melissa Batis
John Black
Sami and Michael Bolger
Kathy and Benjamin Bryant
Jeffrey Crowder
Melinda Dang
Charlene and Frank DeBorde
Richard Dixon
Linda and Ralph Esposito
Amy and Chris Gilfriche
Annette and Pete Hasbrook
Heekin Family Fund
Betty Kegley
Ann Marie Keim
Laurie Lashomb
Mr. and Mrs. Jerome Lienhard
Joseph Llinas
Richard Long
Lisa and Philip Luberoff
Joseph Madden
Mary and Doug Marsteller
Amanda Mitskevich

Mr. and Mrs. Mark Nappi
Jeanne O'Bryan (on behalf of
the Kennedy Space Center)
Anita and Robert Parrish
Eric Perritt
Mr. and Mrs. Cuyler Richards
Jeffrey Spaulding
Tricia and Kurt Tezel
Phylliss Till
Colleen Uhlir
Vencore
Susie and Patrick Viguerie
Claudia and Michael Warren
Robert Waterman
Peggy Wehrman
Susan Willingham

Marvin Bowen

Nancy and Carl Bowen
Jean and Robert Cochoy

Kenny Bowes

Ann and Seth Davies

Jane Caldwell

Daisy Ellis

Julie Ann Chancellor

Jamie Gaddy

Elizabeth B. Cox

Perry Cox

Joe Dodd

Donna and David Allman
Mary Arrington
Eve and Roger Bartlett
Deborah and Arthur Browning
Nelda and Frank Cairns
Mary Jane and Lou Chester
Frances and Judson Davis
Beth Finnerty and David Martin
Elaine and Steve Franklin
Nancy and Thomas Gambeski
Gayle Giles
Kathi and Billy Gunn
Pam and Jim Hagle
Sylvia and Charles Harrison
Buddy Hicks
The Lee Group, SunTrust Banks, Inc.
Mara and Bert Loftman

Myrtle and John Marshall
Charlotte and Jim McCloskey
Polly and Ellis Mills
Margaret and Jim Milton
Anna and James Ostervold
Wilds Pierce
Barbara and Craig Price
Nancy Purcell
Mr. and Mrs. Ken Rice
Nancy and Bill Robinson
Russell & Associates, Inc.
Thomas Shelton
Jerrine Stanbury
Suzanne and Craig Stone
Cynthia and Bill Tate
June and Chesley Tredway
Charlotte Walker
Betsy and Mark West
Marge and Robert Wynne

Dennis Easter

Joyce Latimer

Sally Faletti

Judy and Paul Faletti

William R. Finnerty

Marge Finnerty

Bill Fox

Nancy and Dan Carithers

Natalie Fuller

Doris Fuller

Pedro J. Garcia

Nizida and Pedro Garcia
Dr. William J. Klopstock
Mimi Monett

Donna Gaudiosi

Beth Finnerty and David Martin

Cara Bedford Hanin

Carson Chinn

Lorne Hite

Lanie and Robert Brandon
Mary Ann Hite

Marzena Holly

Arlene and Michael Hormann

Marzena Holly and Dr. Mike Luke

Beth and Harry Moore

Will Hudson

Kate and Michael Monk

Duncan Kaulbach

Martha and George Kaulbach

Kathy Kelly

Shelley Danser

Mrs. and Reverend Raymond Kotwicki

Kathryn and Donald Pouwels

Lucille Manis

Paula Vineyard

Ruth and Roy D. Mitchell, Sr., Jean and Langdon C. Quin, Jr., and Caroline Quin Mitchell

Lethea and Doug Mitchell

Judy Naleid

Bill Naleid

Ed Noble

Anonymous
Betsy and Mark West

Michael O'Donnell

Kathleen O'Donnell

William A. Parker, Jr.

Beth Finnerty and David Martin
Duvall and Rex Fuqua
Mary Anne Quin

John Turman

Deborah and Richard Childers
Ashley David
Julie Dudkowski
Bill and Ann Viehman

Katherine Wellons

Maida and Baxter Evans

Marjorie and Charles West

Bettie Patterson

Allison Williams

Anita and Thomas Adams

Mark Wynne

Susan and Jim Shepherd

Gifts in Honor

Elizabeth Alexander

Maryland and Don McCarty

Atlanta Fine Homes

Jennifer Waddy

Kate Badgett

Beth and Bruce Badgett

Charlotte and Houston Baker

Natalie Baggett

Madison Ballester

Susan Baumgartel

Robyn and Tom Barkin

Jackie and Tony Montag

Joannie Bates

Kelly Turner

Alexandra Berthelot

Glenda Berthelot

John Bibb

Emmanuel Verret

Mr. and Mrs. Ken Bowes

Ann and Seth Davies

Lindsey Brown

Ann and Kingman Brown

Catherine and TJ Callaway

Suzanne Baker

Lane and Richard Courts

Cara Isdell Lee and Zak Lee

Shelley Danser

Maryland and Don McCarty

Donna and Chip Davidson

Julie and David Vickers

Claudia and Richard deMayo

Debbie and Paul Anderson

Margaret Denny

Helen Ballard

Skyland Trail's Development Team

Margaret and Dallas Denny

2017 DONORS

(continued)

Katie Dozier

Michelle Hiskey

Shannon Easley

Chris Cline

Katie and Read Fahs

Yvonne and Robert Spiotta

Cindy Ferguson

Mary Lindgren
Elizabeth and Tyler Spratlin

Beth Finnerty

Karen and Jim Bailey
Nancy and Lewis Glenn
Wally and Tommy Hills
Edwina and Tom Johnson
Jackie and Tony Montag
Kelley Peace
Lee Sobel
Betsy and Mark West
Clare Whitfield

Connor Fischer

The Fischer Trust

Jennifer and David Foster

Cara Isdell Lee and Zak Lee

Duvall Fuqua

Cynthia and Michael Reid
Sally Singletary

Duvall and Rex Fuqua

Molly and Henry Froelich

Rex Fuqua

The Lookout Foundation
Betsy and Mark West

Glenn Family Wellness Center Staff

John Gentry

Emma Gordon

Karin Spiegler

Helen and John Gordon

Gail Wilson

Bess Greenberg

Amy and Josh Greenberg

Rebecca and Sanjay Gupta

Cara Isdell Lee and Zak Lee

Dana Halberg and Larry Pless

Louise and Bruce Faurot

Emily Hatcher

Margie Hatcher

Marci Healy

Elizabeth Alexander

Paige and Charles Honeycutt

Cara Isdell Lee and Zak Lee

Beth Inman

Nancy and Jack Calhoun
Leigh and Tim Walsh

Betty Ann Inman

Leigh and Tim Walsh

Clay Jackson

Betsy and Mark West

Doug Jackson

Daisy Ellis

Jane Jackson

Kristin Clyde

Jane and Clay Jackson

Courtney and Scott Bazemore
Penny and Billy Peebles

Tom Johnson

William Shaffer

Ashley Kelly

Mary Louise and Greg Ward

Henry (Hank) Kowalczyk

Martha Logan

Cara Isdell Lee and Zack Lee

Jennifer and David Foster

Laura Leibman

Jackie and Jay Berkelhamer

Julie and Billy Levine

Andrea and Ned Montag

Kelly Loeffler and Jeff Sprecher

Lynda and Don Loeffler

Valerie Love

Julie and Billy Levine

Will McCollam

Kim and Stephen McCollam

Leigh Ann McKinley

Beth Doran
Jan Wallace

Sue McKinley

Helen Ballard
Beth Doran
Ruth and Garry Schaefer

Jenny Milkey

Jean and Bill Millkey

Christopher Miller

Lorraine Miller

Andrea Montag

Kristin Clyde

Andrea and Ned Montag

Molly and John Jamieson

Jackie Montag

The Dot and Lam Hardman
Family Foundation
Patty and Doug Reid

Jackie and Tony Montag's 60th Anniversary

Ellen and Jack Holland

Liza Montag

Robyn and Tom Barkin
Joseph Foley

Ann Nable

Caryl and Frank Rinker

Irish Nall

Marion Bunker

Tricia Nalle

Marjette and James McDonnell

Kim Nalley

Julie Bradbury
Katie Bronstein
Maggie Goodsell
Clayton Howell
Stephanie and Street Nalley
Kendrick and Chris Williams

Hayley Nell

Janine and Mike Nell

Anna Paré

Diana Conroy
Jay and John Weber
Nancy and Bill Izlar
Julia and Charles Hill

Beth Park

Deborah and Michael Bald
Shannon and Stan Dixon
Lee and Trey Loughran
Cathy and Scott Rhodes

Karen and Richard Parker

Becky and Courts Cooledge
Lib and Neal Quirk

Richard Parker

The Lookout Foundation
Betsy and Mark West

Leigh Pollard

Mary Ellen and Scott Klinger
Pattie and Ed McCrady
Jen and Tom Puricelli
Tricia Stevens

Jenny Pruitt

Maryanne and William Winchester

Denise Rezek

Shayla and Chip Rumely

Becky Riley

Patty and Jim Hatcher
Hamptly and David Smith



(L) Nancy See, Jenny Pruitt, Beth Finnerty, Lisa Boyd Johnson; (R) John & Sue McKinley, Tom Johnson



(L) Caroline Westphal and Emily Barber; (Center) Front: Donna & Chip Davidson, Cathy Brewer & Frank Elliott; Back: Melanie & Howard Hung, Donna & Stan Sands, Kathy & Tom Cotney, Cathy & Chip Groome; (R) Mike and Morgan DiOrio, Katherine and Jason Deere, Laura and Robbie Service

Dr. and Mrs. George Rinker
Caryl and Frank Rinker

Lizzie Scott
Beth and James Scott

Susie Sherrill
Libba and Bill Shortridge

Libba Shortridge
Virginia and Bond Almand

Jack Smith
Ann Smith

Dr. and Mrs. David Tate
Caryl and Frank Rinker

Diana Tipton
Nan and Ed Easterlin
Cindy and William Mallard
Carleen Newsome
Wendy and Pete Petersen

Diana and Mark Tipton
Liz and Peter Lauer

DeAnna and Drew Thomas
Cara Isdell Lee and Zak Lee

Jennifer H. Walker
Cathy and Jimmy Walker

Mary Watson
Patty and Jim Hatcher

Mary and Tom Watson
Molly and John Jamieson

Betsy West
Liza and Brad Jancik
Bet and Carter Pope

Betsy and Mark West
Bettie Patterson

Mark West
Libby and Brooks Barge

Shannon Wiley
Shirley Smith

Our Woodcrest Neighbors
Elizabeth and Mike Nadal

Margie and Robert Wynne
Mrs. Overton A. Currie

Robby Wynne
Mrs. Overton A. Currie

Endowment Gifts

Allison Williams Financial Aid Endowed Fund
Nancy and Ted Spetnagel

Charles B. West Chief Medical Officer Endowment
The West Foundation, Inc.

Skyland Trail President & CEO Endowment
The West Foundation, Inc.

Financial Aid Funds

Julia Zellars Financial Aid Fund
Hugh M. Inman Foundation

“ We witnessed the heartbreaking consequences of an event in a young man’s life and the resulting desperation undergone by the family to find help for him. After an agonizing search they found Skyland Trail. From the moment he stepped through the door he was on his way back to a fulfilling and productive life. Because we’ve seen the anguish and desperation first-hand and the transformational healing provided by Skyland Trail, our financial support of Skyland Trail is an important way for us to give back to our community. ”

- Donna and Stan Sands, 2017 Southern Shindig Leadership Sponsors, and 2018 Benefits of Laughter Event Chairs

Campaign Committee

Campaign Chairs

Rex Fuqua
Rand Glenn Hagen
Tom Johnson
(shown below, left to right)



Committee Members

Joanna Adams
Tom Bell
Duvall Fuqua
Allison Hill, JD, PhD
Jim Howard
Billy Huger
Clay Jackson
Amy Rollins Kreisler
Melissa Lowe
Lorri McClain
Ned Montag
Colleen Nunn
Richard Parker
Nina Schwartz

2017 CAPITAL CAMPAIGN

Skyland Trail is developing a residential campus and treatment program for adolescents ages 14 to 17 with mood and anxiety disorders.

Beyond the construction of a new campus and the development of a new treatment program, contributions to the \$20 million *Building Resilience, Changing Lives* campaign will enable us to give teens with mental health disorders the care and support they need to heal, grow, and prepare for a future full of possibilities.

A 30,000 sq ft treatment facility and 26-bed residential hall will open in 2019. A key focus of clinical programming

will be helping teens learn healthy coping skills to manage stress and navigate school as well as peer and family relationships. After comprehensive diagnostic assessments, adolescent patients will be matched with a specialized treatment plan based on their diagnoses, symptoms, strengths, and goals. On-staff tutors will partner with schools to help patients stay current with their courses, while complementary therapies, including art, music, and recreational therapy, will

help teens find new tools for staying healthy. Parents will participate in family therapy sessions and education classes to help them make important changes in family dynamics to support long-term recovery.

building
RESILIENCE
CHANGING
lives
THE
CAMPAIGN
FOR SKYLAND
TRAIL



Adolescent Campus



Donor listing includes gifts received through December 31, 2017.

Founders

Visionary Founders

Gifts of \$3,000,000 or more

The Realan Foundation
Robert W. Woodruff Foundation

Leadership Founders

Gifts of \$1,000,000-\$2,999,999

The Wilbur & Hilda Glenn Family Foundation
The O. Wayne Rollins Foundation

Sustaining Founders

Gifts of \$250,000-\$1,999,999

Anonymous
Jennifer and Thomas Bell Family Foundation
Edwina and Tom Johnson
The Palumbo Family Charitable Fund

Early philanthropic support has helped the *Building Resilience, Changing Lives* campaign start strong and advance quickly toward a 2018 ground-breaking for the new campus and a 2019 grand opening of the adolescent program.

Leaders

Gifts of \$100,000-\$249,999

Duvall and Rex Fuqua
Jane and Clay Jackson
Amy and Nevin Kreisler
Kelly Loeffler and Jeffrey Sprecher
Griff and Charles Smithgall
The West Foundation

Benefactors

Gifts of \$50,000-\$99,999

Anonymous
Muffett and Richard Arroll
Patty and Doug Reid

Pacesetters

Gifts of \$10,000-\$49,999

Rev. Dr. Joanna M. Adams and Alfred B. Adams III
The Chandler Family Foundation
The Fraser-Parker Foundation
Bernard and Anne Howell Gray Advised Fund
Dana Halberg and Larry Pless
Kristin and Jim Howard
The Hugh M. Inman Foundation
Betts Culp Love
Melissa and Chris Lowe
Jackie and Tony Montag
Andrea and Ned Montag
The Colleen and Sam Nunn Family Foundation
Diana and Mark Tipton
June and Michael Tompkins
The Wink and Mark Wynne Fund

Friends

Gifts of \$1,000-\$9,999

Virginia Apperson
Beth Finnerty and David Martin
Cindy and Bill Fowler

Isabel Fuqua

Glover and Davis, P.A.
Julia and Eli Green
Rand and Seth Hagen
Hills Family Foundation
Felicia and Billy Huger
Courtney and Kyle Jenks
The Lookout Foundation
Gary D. Matthews
Denise and Jay D. Mitchell
Doris and Jeff Muir
Karen and Clay Rolader
Nina and Bill Schwartz
Michelle and Steve Sullivan
Richard Thompson
Sara and Bob Walker
Brooke and Winston Weinmann
Tyler and Robby Wynne

Donors

Gifts under \$1,000

Molly and Henry Froelich
Barbara and Bruce Irvine

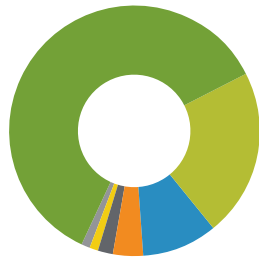
2017 FINANCIAL HIGHLIGHTS

REVENUE



Revenue

- 43% ■ Restricted Revenue-Capital Campaign
- 40% ■ Program Revenue
- 9% ■ Restricted Revenue-Non-Capital Campaign
- 6% ■ Unrestricted Revenue
- 1% ■ Financial Aid Contributions
- <1% ■ Other



Breakdown of Program Revenue

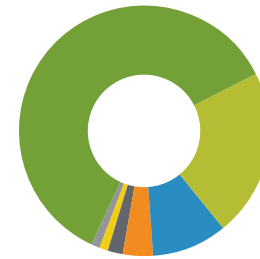
- 62% ■ Residential Treatment
- 22% ■ Day Treatment
- 10% ■ Physician Services & Family Therapy
- 4% ■ Independence Coaching
- 2% ■ Primary Care
- <1% ■ LEAP
- <1% ■ Vocational Services



Sources of Charitable Donations

- 55% ■ Individuals
- 28% ■ Foundations
- 17% ■ Corporate & Business

EXPENSES



Direct Program Expenses

- 42% ■ Residential Treatment
- 28% ■ Day Treatment
- 12% ■ Physician Services & Family Therapy
- 9% ■ Independence Coaching
- 3% ■ LEAP
- 3% ■ Primary Care
- 3% ■ Vocational Services



Distribution of Financial Aid by Program

- 78% ■ Residential Treatment
- 15% ■ Independence Coaching & Transitional Housing
- 6% ■ Day Treatment
- <1% ■ LEAP
- <1% ■ Vocational

STRONG FINANCES

2017 VOLUNTEER LEADERSHIP

BOARD OF DIRECTORS

Richard Parker, *Chair*
Michael Tompkins, *Vice Chair*
Clay Jackson, *Treasurer*
Marjorie Wynne, *Secretary*

Rev. Joanna Adams
J. Rex Fuqua
Bernard Gray
Rand Glenn Hagen
Dana Halberg
Thomas D. Hills
James Howard
William E. Huger, III
Don Inman
Amy Rollins Kreisler
Kelly Loeffler
Betts Love
Melissa Lowe
Jay D. Mitchell
Jackie Montag
Jeff Muir
Patty Reid
Michelle Sullivan
Mark Tipton
Bob Walker
Brooke Weinmann
Robby Wynne

Cindy Ferguson, *Ex-Officio/Advisory Board Chair*

EMERITUS DIRECTORS

Vivian DuBose, *Chair*
Richard Bryant
Cecil Conlee
John Gordon
Betty Ann Inman
Beth Jones
Mark C. West
Blanton C. Winship

ADVISORY BOARD MEMBERS

Cindy Ferguson, *Chair*
Brooks Barge
Emily Bleke
Kit Bowlin
Wes Bradshaw
Tracy Cahillane
Mike Dobbs
Charles Doty
Jennifer Fuqua Fowler
Alan Hamilton
Hill Hardman
Allison Hill, JD, PhD
Keisha Hines
Mary Johnson
Carrie Lanier
Cara Isdell Lee
Valerie Love
Missy Madden
Kim Marks
Liz Means
Bob Mills
Michael Mock
Andrea Montag
Carla Neal-Haley
Kevin Nolan
Beth Park
Christine Ragland
Daraka Satcher
Lizeth Arizmendi Smithgall
Harrison Spry
Andy Stull
Paula Tkac
Mary Watson
Charles Wellborn
Leslie Wierman
Diana Tipton, *Ex-Officio/Associates President*
Nancy Caswell, *Ex-Officio/Past Associates President*

NATIONAL ADVISORY BOARD

Charles B. Nemeroff, MD, PhD, *Chair*
University of Miami, Miller School of Medicine
W. Edward Craighead, PhD
Emory University School of Medicine
Mark A. Frye, MD
Mayo Clinic
Philip D. Harvey, PhD
University of Miami Miller School of Medicine
Ned H. Kalin, MD
*University of Wisconsin School of Medicine
and Public Health*
Clinton D. Kilts, PhD
*University of Arkansas - Medical Sciences
Psychiatric Research Institute*
Mark L. Rosenberg, MD, MPP
The Task Force for Global Health-Retired
David R. Rubinow, MD
University of North Carolina School of Medicine
Alan F. Schatzberg, MD
Stanford University School of Medicine
Douglas M. Ziedonis, MD, MPH
University of Massachusetts Medical School

“ Skyland Trail just completed its strongest performance in its 29-year history. The Rollins Campus for young adults served more clients than projected, and the Glenn Family Wellness Clinic continues to grow as the medical home to a growing number of clients and alumni. We look forward to continuing to deliver outstanding outcomes for our clients in 2018. ”

Richard Parker
Chair, Board of Directors



