ON THE COVER: Skyland Trail graduate Katie S. Read her story on page 5.
Together we’re making a difference, one life at a time.

We give clients the care, skills and support they need to move forward on the path to recovery. As an important member of our healing community, you are a part of their journeys every step of the way.

You are also an important part of our journey as a nationally recognized mental health treatment organization. This year, we celebrate our 30th anniversary. Looking back, we are proud of the innovative programs we’ve launched, the expert team we’ve assembled, the safe and supportive community we’ve created, and the lives we have changed. Looking forward, we are incredibly excited about what’s next.

We began construction on the J. Rex Fuqua Campus in 2018 and, despite a rainy winter, are making strides toward opening a new residential program for adolescents ages 14 to 17 in fall 2019.

Also in 2018, as the program for teens began to take shape, we continued to grow our programs for adults. We doubled the number of clients served at our Rollins Campus for young adults and provided education and peer support to more families than ever before.

Our leading-edge work over many years to integrate psychiatric care with preventive medical care and wellness services was recognized by The Joint Commission this year when the Glenn Family Wellness Clinic earned Behavioral Health Home Certification.

And we improved health and wellness for our clients and our entire community by becoming a 100% nicotine-free campus in November.

Our ability to move Skyland Trail forward to be positioned to provide the best mental health care in a changing world depends on your support. Your gifts ensure that we have the right combination of expertise and resources to keep our clients moving forward on the path to wellness. Thank you for helping us make a difference, one life at a time.

Elizabeth E. Finnerty, MBA, MHA, President & CEO
Skyland Trail continues to tailor our treatment programs and educational outreach to meet the needs of the community and advance the understanding of mental health treatment. In 2018, we achieved key goals focused on promoting whole-person, integrated health, so that our clients have the education, treatment and care they need to heal, recover and thrive.

TREATMENT SERVICES

- The number of young adult clients served at the Rollins Campus increased by 20% in 2018.
- After the first full year of offering transcranial magnetic stimulation (TMS) treatment for treatment-resistant depression, we saw growth in the number of clients treated and significant clinical improvements in symptoms for those treated.
- The Glenn Family Wellness Clinic earned Behavioral Health Home Certification from The Joint Commission, which designates Skyland Trail as an exceptional provider of integrated psychiatric and general medical healthcare.
- All campuses became nicotine-free as of November 15, 2018, ensuring a healthier environment for our clients and staff and protecting our clients from potentially fatal health risks associated with smoking, vaping, and nicotine use.
- Participation in our Family STEP program, offered free-of-charge to our families and made possible through charitable donations, increased 17 percent in 2018.

PROGRAM EXPANSION

- In March 2018, we officially broke ground on the J. Rex Fuqua Campus, the future home of the adolescent residential treatment program for teens ages 14 to 17. The campus and program are beginning to take shape, thanks to overwhelming philanthropic support committed through the Building Resilience Changing Lives capital campaign. The campus is scheduled to open in fall 2019.
2018 CLIENT COMMUNITY

Primary Diagnosis
- 50% Major Depression
- 19% Bipolar Illness
- 12% Anxiety
- 10% Psychotic disorders
- 9% Other

Major Depression

Bipolar Illness

Anxiety

Psychotic disorders

Other

Co-occurring Diagnoses
- 70% three or more diagnoses at discharge
- 30% less than three diagnoses at discharge

Age at Admission
- 67% Ages 18-25
- 15% Ages 26-35
- 8% Ages 36-45
- 7% Ages 46-55
- 3% Ages 55+

Gender
- 55% Female
- 44% Male
- < 1% Gender neutral or non-binary

Celebrating 30 Years of Offering Hope and Changing Lives

We opened our doors in 1989, serving just four clients at a single campus. Since then, we’ve served more than 4,000 clients and their families and are preparing to open our fifth campus in fall 2019.

Over the last 30 years, through the leadership of visionary philanthropists and expert clinical professionals, Skyland Trail has established a national model for integrated, respectful, effective mental health treatment.

We began by helping older adults with psychosis learn independent living skills. Over time, we expanded our programs to include services for adults with depression, bipolar disorder and anxiety disorders. In the last five years, our programs and facilities have grown to meet the needs of young adults with mood and anxiety disorders. With the opening of the J. Rex Fuqua Campus for adolescents this fall, Skyland Trail will offer a path to mental wellness and a better life for teens and adults ages 14 and older.

We are grateful to all of our donors for being an important part of our growth and an invaluable part of our future.

EDUCATION
- Presentations to Atlanta area schools and civic groups reached more than 1,048 parents, students, and community leaders.
- Six continuing education workshops held at Skyland Trail in 2018 engaged 353 Atlanta mental health professionals (an increase of 69% from 2017).
- Skyland Trail experts made presentations at six national conferences, sharing best practices and raising awareness among 1,175 professionals from around the country.
Treatment Outcomes

In 2018, measured outcomes confirm that our evidence-based psychiatric care, together with our holistic path to wellness, is effective. **Simply put, our clients get better.**

- **88%** of all patients experienced a statistically significant improvement in functionality, symptoms and social relationships.
- **85%** of all patients experienced a statistically significant improvement in hope.
- **90%** of patients leave treatment with a positive attitude about taking psychiatric medication.
- **81%** of patients with psychosis experienced statistically significant improvement in their symptoms of psychosis.
- **92%** of patients with very severe and severe symptoms of depression experienced clinically significant reduction.
- **100%** of patients who had clinically meaningful episodes of mania showed no symptoms of clinically meaningful mania at discharge.
- **88%** of patients with anxiety experienced statistically significant improvement in control of anxiety.
- **85%** of patients with very severe and severe symptoms of depression experienced clinically significant reduction.

All measures are statistically significant at p<0.001.


“Objective measurement tools allow clients and their treatment teams to gauge progress in moving forward toward recovery and adjust course to address barriers to progress when needed.”

– Raymond J. Kotwicki,
Charles B. West Chief Medical Officer

88%
An Orchid Who Survived the Storm
Katie’s Story

All my life, I have felt like an orchid in a field of daisies. The daisies were tougher, more capable of holding their own when a windstorm rolled through. As a child, I had outbursts of anger and aggression. Mood swings. One second I felt like the happiest girl in the world and the next, the most miserable person ever. I was also a perfectionist, an over-achiever, scoring highest in the class. I felt so disappointed and angry when I wasn’t perfect, that it caused me to isolate, avoid, and procrastinate. My biggest fear was losing someone I loved or being abandoned by someone who was really important to me. That fear caused me to stick extra close to people and do everything I could to please them. My petals began to wilt.

In high school, my depression and anxiety became more severe. I started counseling and taking medications, but this barely seemed to make a difference. I started thinking about how much better off the world would be without me. I fought so hard to just keep myself alive one more day. I was so angry with the way I was feeling, that I started punishing myself. Cutting my arm, pulling on my hair, strangling and holding my breath, and banging my head in hopes of breaking my skull… this had become my life. A life where I felt so unworthy of love and as though I was such an inconvenience to my family and friends, that I deserved consistent punishment for something that I could not control. My beautiful petals began to fall and sink into the dirt beneath me.

One night, sitting on the edge of a bridge, staring at huge, sharp rocks beneath me, I thought, “I deserve that kind of punishment.” I asked God, “If you are really there God, this is your last chance to save me.”

An angel showed up. Bright lights hit my back as a man in uniform told me this was not the end, that there was more to my story, while another police officer grabbed me from behind and pulled me off the ledge.

I stayed in the hospital for a week. The doctor diagnosed me with Borderline Personality Disorder (BPD) and general anxiety. Researching BPD, I felt a sense of relief. I wasn’t alone. I was sick and in need of care. The people trying to help me were trying to nurture a daisy, but an orchid needs a different kind of care to grow strong and healthy. It helped all of us, knowing that my behaviors stemmed from orchid roots.

Unfortunately, I fell back into the same patterns because I wasn’t getting the treatment I needed. I attempted suicide four more times and continued self-harming. The last attempt happened on my first day of college.

My parents saw the pain I was experiencing, and we started looking for a treatment program that specializes in Dialectical Behavior Therapy designed for people suffering with BPD. Skyland Trail was a perfect fit.

I have learned skills that help me manage my mood swings and impulsive behaviors, as well as ways to calm myself down when I’m in crisis. I feel ready and equipped to overcome every situation that hits me.

I thank God for Skyland and all the people who have brought me to this point. I have made it through the storm, and the sun has come out. My stem has grown stronger, and my petals grew back beautifully.

I feel extremely excited to explore the path God has laid out in front of me. He placed many people at Skyland Trail who have impacted my life immensely. He gave me such wonderful parents who care so much about me and made it possible for me to begin to grow again. I know now that today is not the end—it’s the beginning. My roots are planted strongly in my home, family, and friends, and I’m ready to flourish.

– Katie S., a Skyland Trail graduate

SKYLAND TRAIL GENUINELY CHANGED MY LIFE. TODAY, I DON’T ONLY WANT TO SURVIVE, I WANT TO LIVE A LIFE WORTH LIVING.
ABOUT FINANCIAL AID

While clients and families are responsible for a portion of their treatment costs, our Mark C. West Financial Aid Program helps fill the gap. Financial aid helps clients stay in treatment longer, giving them time to fully develop the skills needed to sustain recovery and prevent relapse after leaving Skyland Trail. Beyond the financial impact, financial aid awards relieve stress and help families focus on what is truly important – supporting their loved ones and helping their families heal.

2018 FINANCIAL AID SUPPORT

24% of clients received financial aid awards in 2018.

$10,572 average award per recipient in 2018.

$1.48M total financial aid distributed in 2018.

$13.78M awarded since 1999.
Jet Linx selects several local nonprofits each year to support through community involvement and philanthropic stewardship. We ask our clients, ‘What organizations are important to you?’ Skyland Trail consistently rises to the top of the list. Those who know Skyland Trail are impressed by the leadership and the fact that Skyland Trail has compiled years of positive results in helping people escape the cycle of endless despair to live meaningful, productive lives. As a company, we want to be associated with high-quality, well-respected organizations like Skyland Trail, and are proud that support from Jet Linx strengthens programs to help families struggling with mental illness.

Skyland Trail really put me in a much better place for my future. I plan to go back to college this fall to continue my music studies and eventually pursue a career in church music.

TAYLOR M.
Skyland Trail graduate and recipient of financial aid

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.

DONOR SPOTLIGHT

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.

DONOR SPOTLIGHT

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.

DONOR SPOTLIGHT

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.

DONOR SPOTLIGHT

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.

DONOR SPOTLIGHT

‘I’m really passionate about fighting the stigma of mental illness.’

I was pleased when, in my work in the private banking business, I saw people investing in Skyland Trail — a mental health organization. It was nice to see that the community was open to talking about the issue and supporting it through philanthropy. When I learned more about Skyland Trail from Robby Wynne, I took steps to get more involved and eventually was invited to join the Advisory Board.

I’ve now seen “behind the scenes” at Skyland Trail — how all the programs, dedicated staff, and community support work together to help clients recover. It’s very energizing and rewarding to be involved with an organization like Skyland Trail.

As a society, we’ve made progress toward reducing mental health stigma, but we’re still not where we need to be. People should have an avenue to talk about the realities of living with these conditions and strategies for maintaining mental health without feeling guilty or embarrassed about it.

When I was growing up in Savannah, mental illness was not openly discussed. In fact, it was often times treated as a learning disability! As in many cities at that time, people did not understand mental illness and did not know how to talk about the impact it had on their lives or their loved ones’ lives. I am so thankful that organizations like Skyland Trail are breaking the taboo surrounding mental illness so that more individuals feel empowered to receive life-changing treatment and so families know how best to support their loved ones who are dealing with mental illness. I am fortunate that I received help for my depression and panic disorder when I went to college... and through your support of organizations like Skyland Trail, we can ensure that other adolescents and adults receive the care they need to reach their full potential.

You can’t turn back time, but I often think, if I had had access to treatment when I was younger, what difference would that have made for me? When I learned about plans for the Skyland Trail adolescent campus, that really resonated with me. I firmly believe this program will change lives. I’m proud to be a part of it.
Moving Forward:
A Grateful Family Story
FROM CLIENT TO DONOR: BETH SHAIFER’S JOURNEY

In 2012, I experienced “the perfect storm.” I was forced to seek my comfort in bed, had no appetite at all, felt that I was “stuck” down in a hole, could barely breathe and experienced mild panic attacks. I learned three things really quick: First, mental illness is not a moral issue, but rather a medical condition. Second, it takes real “guts” to get stable. And third, I learned that “life is not what happens to us, it’s how we react that counts.”

In 2013, I began treatment at Skyland Trail. There is a special compassion and understanding shown at Skyland unlike any other place. I learned many coping skills – from changing my reaction techniques to mindfulness – that I still use after six years!

My husband, Jerry, experienced an increasing level of confidence that I would improve and that our lives would return to a new and somewhat different, but very rewarding, level of happiness. He could see that I was progressing, sometimes in small steps, sometimes with seemingly giant leaps.

Skyland is really a magical place, where true miracles happen every day. As the result of my time there, today I am a very whimsical and positive person again. I have returned to gardening, sometimes with our 14-year-old granddaughter, painting rocks with our 8-year-old grandson, and attending the numerous sports events in which our older grandsons participate.

Today, one thing that helps me maintain my health is to give back. Jerry and I have been blessed in so many ways, both in our family and in our personal relationships – we have so many special friends – and in our business and financial experiences.

While we have given to community causes like children’s health and education for many years, we began to include Skyland Trail in our giving.

For me, two important ways to give to Skyland are to volunteer with and contribute to the Horticultural Therapy program and to support the financial aid scholarship programs that help so many clients complete their wellness journeys. We have also enjoyed being patrons or sponsors for fundraising events like the Associates Luncheon and Benefits of Laughter that help introduce Skyland Trail to our community and educate others about mental illness.

As a family, we have tried to put some structure in our giving. We give to organizations that strive to improve the world in matters especially important to us. We give only to organizations that are both professional and efficient in delivering the services which fulfill their mission. And we give to organizations for which we, or other family members, care enough to dedicate time and services as well as financial contributions.

Skyland Trail meets all of our criteria. And this is especially true with the upcoming expansion to address teenagers’ increasing mental health issues with the new adolescent program and campus.

As I learned from Skyland Trail’s alumni program director, Wade Lee, “Gratitude and depression cannot exist simultaneously.” A sense of empowerment and positive self-image comes when you know you’re helping others. And now that I’ve been on the “Dark side” and then entered the Light, my journey has come full circle! Thank you.

–Beth Shaifer

Beth Shaifer recently published a gardener’s journal entitled “Into the Moments of Light.” All proceeds from the sales go to Skyland Trail. Please contact Beth Shaifer at momentsoflightjournal@gmail.com if you’d like to purchase a copy.
WISH LIST GIVING
During the 2018 holiday season, Skyland Trail Board member Jackie Montag encouraged employees of MONTAG to donate board games to help clients boost social engagement and connect with their peers. Board games and other therapeutic and recreational items were selected from an Amazon wish list created by our recreational therapists and residential team. Learn more at skylandtrail.org/wishlist.

STUDENTS SUPPORT MENTAL HEALTH
Upper School students at Holy Innocents’ Episcopal School selected mental health and Skyland Trail to support through fundraising activities and community service.

“I presented a number of organizations to them, and they far and away felt most passionate about Skyland Trail and the work they do to help individuals heal,” says Katie Cruce, Upper School counselor. “The students were particularly interested in supporting Skyland Trail as they open their adolescent treatment center in the fall.”

Throughout the 2018-2019 school year, students have organized a number of fundraising efforts – from smoothie sales, to a dodgeball tournament, to a chili cook off – that have raised $2,222 to date, with a few more initiatives on the way.

GRATEFUL FAMILY GIVES BACK
Grateful family members Sharon and David K. provided an in-kind gift of a ping pong table for the Samuel Roberts Noble Foundation Fitness Center at the Rollins Campus for young adults.

First-time donors
Raised through fundraising events
Increase in growth in dollars raised through Grateful Families program
New corporate sponsors across our three fundraising events
Individuals attended a fundraising or community event
Planned Giving

We extend our sincere thanks to the individuals and families who have made legacy gifts that will ensure that Skyland Trail continues to meet the needs of future generations through state-of-the-art facilities and innovative, leading-edge treatment programs.

As of December 31, 2018:
Anonymous (6)
Elizabeth Alexander
Charlotte Pierce-Baker and Houston Baker
Ellen and Roland Behm
Shelby and Dick Bryant
Sarah Aline Carpenter*
Chris Cline
Cecil Conlee
Margaret Perdue Denny
Vivian Noble DuBose
Cynthia and John L. Ferguson
Elizabeth E. Finnerty and David Martin
Margaret V. Finnerty
Carol and William H. Fox*
Dorothy C. Fuqua*
Helen and John C. Gordon
Anne and Bernard Gray
Wally G. Hills and Thomas D. Hills
Kristin and Jim Howard
Dixie and Duey Kerper
Raymond J. Kotwicki, MD, MPH
Amy R. Kreisler
Kelly Loeffler and Jeff Sprecher
Betta Culp Love
Melissa and Chris Lowe
Maryland and Don McCarty
Jay D. Mitchell
Jackie and Tony Montag
Elizabeth C. and Harry G. Moore, Jr.
Doris and Jeff Muir
Karen and Richard Parker
Mary Anne Quin
Nancy and Ted Spetnagel
Michelle and Stephen Sullivan
Margaret and Randolph W. Thrower*
Diana and Mark Tipton
Janet and John* Turman
Pennie and Dan Walden
Brooke Trible Weinmann
Marjorie and Charles West*
Mark C. West
Marjorie C. Wynne
John B. Zellars, Jr.
*Deceased

Like many families, ours has been touched by mental illness. Today one in five individuals will struggle with mental illness during their lifetime, suicide rates are rising, yet most people don’t seek treatment because of the public stigma. As a family, we’ve decided to give to Skyland’s Cypress Society to address the societal challenges.

Skyland Trail is a world class treatment facility. Now they’re expanding into adolescent care. Skyland Trail is also a trailblazer in the area of outcome-based research and evidence-based treatment models. We believe a gift to Skyland’s Cypress Society helps ensure we’ll have an innovative psychiatric treatment center of excellence in our community.

– Kristin and Jim Howard
Skyland Trail Donors

2018 ANNUAL DONORS
Gifts made throughout the year, including program-specific donations.

Skyland Trail is especially grateful for leadership donors who made gifts of $1,000 and above.

Gifts of $100,000 and above
Anonymous
The Rich Foundation
The SKK Foundation

Gifts of $15,000 - $99,999
Susan Boyd
Connolly Family Foundation, Inc.
Duval and Rex Fuqua
Jane and Clay Jackson
Kelly Loefller and Jeff Sprecher
Donna and Stan Sands
The John and Polly Sparks Foundation

Gifts of $10,000 - $14,999
Anonymous
Yum and Ross Arnold
Libby and Brooks Barge
Mary Alice and Bennett Brown Foundation
Janine and Rob Brugh
Anne Cox Chambers Foundation
The DeAngelo Family
Nan and Ed Easterlin
The DeAngelo Family
Janine and Steve Burbank

Gifts of $1,000 - $4,999
David Adams
Joanna and Al Adams
Terri and Randy Avent
Jennifer and Tom Bell
Richard Berman
Bethany’s Rest, Inc.
Emily and Eric Bleke
Kathryn and Billy Bridges
Cherokee Garden Club
Celia and Jack Chue
Bobbi Cleveland and Stan Jones
Chris Cline and Ron Rezendez
Mary Virginia and Peter Coffman
Amy and Cecil Conlee
Becky and Courts Cooledge
Lynda and Richard Courts
The Cross Foundation
Betty Jo and Andy Currie
Overture & Lavona Currie Foundation

Dyer Brown Architects
Mindy and Mike Egan
Epps Aviation
DeWitt Ezell
Jan and John Featherston
Cindy and John Ferguson
Margie Finnetty
Mary and Marty Fiorentino
First NY
Jennifer and Marty Flanagan
Foodmate
Jennifer Fuqua Fowler
Funraise Future Fund
Carol and Larry Gellerstedt
Elizabeth Goodrich
Helen and John Gordon
Trish Gross and Scott Ehlers
Dana Halberg and Larry Pless
Hil Hardman
Becca and Rudy Harrell
Jean and John Hatfield
The Hills Family Foundation
Cheryl and Eric Hoffler
Ellen and Jack Holland
Holy Innocents’ Episcopal School
Kristin and Jim Howard
Sue and Dan Huff
Ivy Garden Club
Lou Brown Jewell
Sally and Warren Jobe
David & Jennifer Kahn Family Foundation, Inc.
Farrah Kennedy
Kiwanis Foundation of Atlanta, Inc.
Ray Kotwicki and Todd Pouwels
Carrie and Whit Lanier
Lynda and Don Loeffler
Valerie and David Love
Sally and Mike Masters
Lori and Forrest McClain
Judy and Lester Miller
Denise and Jay Mitchell
Michael Mock and Clinton Rice
Whitney Jones and Peter Moister
Kate and Michael Monk
Andrea and Ned Montag
Wendy and Bill Moore

Bett and Ray Moses
The Shauna and Jim Muhi Giving Fund
Doris and Jeff Muir
Paula and Roger Murray
Janine and Mike Nell
Norman Foundation, Inc.
Andrew Owen
Beth and David Park
William Pettit
Charlotte Pierce-Baker and Houston Baker
Christine and Bill Ragland
Becky and Mark Riley
H. English & Ermine Cater Robinson Foundation, Inc.
Rotary Club of Brookhaven
Nancy See
Julie and Ty Smith
Liz and Chas Smithgall
Nancy and Ted Speith
Harrison and Brennan Spyr
Michelle and Steve Sullivan
Summit Investors, LLC
Maria and Tim Tassopoulos
Penny and Edward Tokash
Lynn and Peter Valentin
George Van Dyke
Kris Ann and James Voyles
Mary and Tom Watson
Betsy and Mark West
Leslie and David Wierman
Elizabeth and Chris Willett
Lynne Winship
Tyler and Robby Wynne
John and Randy Zellers
Kay and Joe Zolkowski

Gifts of $100 - $999
Anonymous
Madeline and Howell Adams
Elizabeth and Mark Alexander
Virginia and Bond Almand
Debbie and Keith Anderson
Debbie and Paul Anderson
Gretchen and Craig Anderson
Bett and Bruce Badgett
Junia Baker
Alexandra Balzer
Kathy and Thomas Barclay
Debbie and Jim Barnhill
Jackie and Jay Berkelhamer
Beshara Real Estate Team
Brooke and Robert Blasberg
Andrew Bleke
Elizabeth B. Boswell
Claire and Ben Bowen
Nancy and Carl Bowen
Sumner and Wes Bradshaw
Katie Bronstein
Ann and Kingman Brown
Sarah and Robert Buckley
Jan and Steve Burtbank
Mary and Eric Burns
Nancy and Jack Calhoun
Barbara and Gary Caruso
Serylhy and Lee Cassidy
Sally and Jim Chafin
Cherokee Women’s Tennis Association
Deborah and Michael Cindrich
Karen Cleveland-Ward
Susie and Clyde Click
Jean and Robert Cochoy
Dawn Collinge
Walter Comoome
Angela and Andrew Connell
Perry Cox
Sara Cushing
Darling Ingredients Inc.
Ashley and Jay David
Ann and Seth Davies
Nancy and Joe Davis
Gayle and David Demarest
Dorian Denburg
Margaret and Dallas Denny
Susan and Ron Determann
Alon Dobrin
James Dorsey
Katie and Taylor Dozier
Droid Hills Garden Club
Vivian and Sam DuBose
Corene and Kevin Dul
Teri and Seth Ehrlich
Lisa and Carl Elkhoff
Minna and Mike Elliott
Yael and Jon Ellis
Carla Engel-Cook
Maida and Baxter Evans
Judy and PaulFaletti
Kathryn and ChrisFellows
Pam and HankFellows
Beth Finnerty and David Martin
Karen and SteveFinnerty
The Fischer Trust
Jennifer and ScottFisher
Heather Foster
Mary Hull and SandyFrazier
Frost, PLLC
DeannaFurry
Aaron Futch
Marsha and JohnGates
Mary Geneser-Gault
Lisa and CoveGeary
Susan Glover
Tiffanie and CraigGorman
Barbara and RobertGodney
Julia and EliGreen
Susan and PhilGreene
Morgan and AlanHamilton
Raye and PhilHandler
Sally and SteveHarbison
Caroline and JackHardin
Laura and JohnHardman
Denise Harrell
Nancy and DonHarrelson
Elizabeth and JoeHarris
Shawna and JimHarris
Sara Harris
Laura and BrianHenry
Ellen and GaryHenschens
Amie and FredHerbert
Helen and JeffHerbert
Emily and BobHernando
Ellen and DavidHerold
Beth Higbie
Deborah and PeterHill
Carole and LarryHooks
Felicia and BillyHuger
Ben Hunter
Douglas Hurd
Nancy and JoeInman
Craig Jones
Cedrella Jones-Taylor
Will Kammerer
Martha and GeorgeKaulbach
Stephen Keaveney
Ashley Kelly
Robert Klein
Bill Klopstock
Ginny and MarkKonopka
Jody and HarryKuniansky
Cathy and HarryLabanowski
Desiree Lambert
Sandy and RobertLarmore
Joye Latimer
Wade Lee
Loretta Lepore andEarl Casey
Kristen Lewis
Suzanne and ChrisLitler
Michele and MichaelLittle
Claudia and AlexLivingston
Martha Logan
Karen Long
Julia Lundstrem
Cindy and WilliamMallard
Ken Marcus
The Marihill Foundation Incorporated
Kim and GregMarks
MARTA Employees Charity Club
Rhonda and RichardMartin
Scott Martin
Dr. Elaine Mateo
Debbie and DanMazur
Reeves and RobertMcCall
Maryland and Don McCarty
Tracey and PatrickMcCormick
Stephen McDaniel
McElrory & Associates LLC
Matthew McKenna
Natoya McMurray
Julie and Jim McPhail
Adam Meadows
Liz and Alfred Means
Jean and BillMillkey
Susan and BobMills
Amy and MostafaModirrousta
Colette and SteveMonaghan
Beth and HarryMoore
Betsy and SandyMorehouse
Alice and RussellMorris
Joan Morrison
Susan and DougMurphy
Deana Nelson
Susan and MikeNevel
Northwoods Montessori, Inc.
Irene and Jim Nowicki
Tony O’Connor
Ben O’Dell
Cynthia Odom
Timothy O’Donnell
Lynn and GalenOelkers
Katie and Neil Olson
Helen and DonaldO’Shea
Bettie Patterson
Martha and BillyPayne
Kelley Peace
Penny and BillyPeebles
Devin and DarcyPfiefer
Cindy and VanPrice
Suzy Guenzer
Mary Anne Quin
Kathleen Rast and JohnLedbetter
Cynthia and MichaelReid
Jill and CraigReynolds
Kenneth Reynolds
Sherri and FrankRichards
Susan and JimRoberson
Lynn and DavidRogers
Lori Rosenkopf
Beth Rousseau
Johanna Rozewski
Deen and JimSanders
Jane and Rein Saral
Darva and DarakaSatcher
Nancy and AlanSchatzberg
Karen and JohnSchuerholz
Janet and Ira Schwartz
William Shaheen
Susan and JimShepherd
Libba and BillShortridge
Betsy and RickSiegel
Ben Sims
Jane and DanSkinner
Ann Smith
Dawn Smith
Earl and Bili Smith
Kathryn and FrasierSmith
Kathly and KevinSmith
Mary-Teresa and Craig Smith
Kevin Snodgrass
Lauren Standish
Jennifer Stark-Blumenthal
Wendy and Will Stengel
Lucy and Louis Stephens
Suzanne and Craig Stone
Melissa and Fred Sturgis
Maureen and Michael Sullivan
Suzanne Sullivan
Thomas Sumner
Patrice and Ron Sumpter
The Swanes
Elaine and DavidTaylor-Klaus
The Thorpe Foundation
June and Michael Tompkins
Rebecca and BruceTreadway
US Poultry
Lucy Vance
Jill and PaulVella
Kimberly Venable
Carolyn Vigtel
Mary and JohnWaite
Nancy Walker
Sara and BobWalker
Suzanne and MerleWallis
Mary Louise and Greg Ward
Florence Watts
Anthony Weaver
Marguerite and MarshallWellborn
Ruth and Charles Wellborn
Karen and Chuck Wharton
Joe White
Max Widner
Anne and BriceWilliams
2018 Skyland Trail Donors (continued)

Bruce Williams
Kaki Williams
Kiki Wilson
Lauren and Robert Winborne
Lou Winship
Judy and Raymond Woody
Sherry and Billy Wren
Marguerite York
Doug Ziedonis
Amy and John Zolkowski

BENEFITS OF LAUGHTER 2018
Event Chairs
Donna and Stan Sands
Patron Committee Chairs
Mary and Tom Watson
Corporate Committee Chair
Robert Wynne
Leadership
Cox Enterprises
Isdell Family Foundation
Diamond
Delta Air Lines
Platinum
Anonymous
Atlanta Fine Homes | Sotheby’s International Realty
J.B. Fuqua Foundation
Donna and Stan Sands
Betsy and Mark West
Gold
Betsy and Scott Akers
Jennifer and Tom Bell
BNY Mellon Wealth Management
Donna and Chip Davidson
Duval and Rex Fuqua
Lorre and George Gaudiosi
Anne and Berry Gray
Rand and Seth Hagen
Holder Construction
IBERIABANK
Beth and Don Inman
Intercontinental Exchange (ICE)
Jane and Clay Jackson
Jet Linx
Kayne Anderson Capital Advisors, L.P.
Amy and Nevin Kreisler
Kelly Loeffler and Jeff Sprecher
Masters Capital Management, LLC
MONTAG
Karen and Richard Parker
Patty and Doug Reid
Renasant Bank
Andrea and Tim Rollins
Shafer Capital
Eloise and Steve Shepherd
Wells Fargo
Silver
Atlantic American Corporation
BlueCross BlueShield
of South Carolina
Kit and David Bowlin
Nancy and Doug Bryant and
Sherlock’s Wine Merchant
CBRE
Crawford Investment Counsel
Nan and Ed Easterlin
Emory Department of Psychiatry & Behavioral Sciences
Connie and Pat Esser
Georgia Natural Gas
Gray Television, Inc.
Greenberg Traurig, LLP
Homrich Berg Wealth Management
Ironwood Insurance Services, LLC
Edwina and Tom Johnson
Mary and Neil Johnson
JPMorgan Chase Bank
The Laughing Skull Lounge
Jackie and Tony Montag
Bog and Sam Candler
Aimee and Tom Chubb
Amy and Cecil Conlee
Trish and Josh Coughlin
Ann and Dave Culley
Jennifer and Mike Dobbs
Vivian and Sam DuBose
Beth and Thad Ellis
Eversheds Sutherland
Dee and Ross George
Mary Gill and Dennis Kruszewski
Linda and Hank Harris
Catie and Michael Hart
Emily and Bob Herndon
Meg Heyer
Wally and Tommy Hills
Annie Hux
Suci and Hardie Jackson
Nancy and Wayne Jackson
Lou Brown Jewell
Kim and Scott Kingsfield
Carrie and Whit Lanier
Loretta Lepore and Earl Casey
Deborah and William Liss
Frances and Robin Loudermilk
Beth Culp Love
Bronze
Shelby and Dick Bryant
Carol Goodman
Jonny and Michael Keough
Eileen and Chris Millard
Beth and David Park
Shayla and Chip Rumely
Harrison and Brennan Spry
Summit Investors, LLC
Mary and Tom Watson
Patron
Joanna and Al Adams
Virginia Apperson
Wendy and Neal Aronson
Olivia and John Barge
Libby and Brooks Barge
Susan M. Boyd
Kim and Steve Boyd
Lisa and William Bridges
Boog and Sam Candler
Aimee and Tom Chubb
Amy and Cecil Conlee
Trish and Josh Coughlin
Ann and Dave Culley
Jennifer and Mike Dobbs
Vivian and Sam DuBose
Beth and Thad Ellis
Eversheds Sutherland
Dee and Ross George
Mary Gill and Dennis Kruszewski
Linda and Hank Harris
Catie and Michael Hart
Emily and Bob Herndon
Meg Heyer
Wally and Tommy Hills
Annie Hux
Suci and Hardie Jackson
Nancy and Wayne Jackson
Lou Brown Jewell
Kim and Scott Kingsfield
Carrie and Whit Lanier
Loretta Lepore and Earl Casey
Deborah and William Liss
Frances and Robin Loudermilk
Beth Culp Love
Kim and Greg Marks
Kim and Bob McEver
Julie and John McIntyre
Susan and Bob Mills
Nida and Todd Mudd
Northwestern Benefit Corporation
Craig Norton
Lisa and Charlie Ogburn
Susan Patton
Cathy and Bob Peterson
Christine and Bill Ragland
Becky and Mark Riley
Tricia and Maurice Rosenbaum
Peggy and John Shepard
Becca and Clyde Shepherd
Caryl and Ken Smith
Lisa and David Songy
Leah and Mike Sumner
Irene and Joe Terrell
Cathy and Ken Thrasher
June and Michael Tompkins
Olivia and Zach Wall
Susan and Glenn Warren
Brooke and Winston Weinmann
Ruth and Charles Wellborn
Leslie and David Wierman
Windham Brannon
Lu and James Worrell
Yates Insurance Agency
Friends
Atlanta Property Group, LLC
Carrie and Andy Beskin
Center Point Properties
Susan and Dan Faulk
Joe Gebbia, Mayor Pro Tem,
City of Brookhaven
Elizabeth and Sheffield Hale
Karen and Peter H’Doubler
Julia and Bayne Hill
Kathy and Richard Lee
Janet and Grant T. Stein
Ann and Sheldon Taylor
Leigh and Tim Waish
Maryanne and William Winchester

(L) Karen and Richard Parker; (R) Michael Bishop, Whit and Carrie Lanier, Shane Thomas
Invest in Recovery
Julie and Randy Bassett
Lola and Charlie Battle
Marianne Betancourt and Doug Hillhouse
Ashley and Bill Bollwerk
Linda Booth
Wendy and Marc Bosworth
Mary and John Brock
Tammie and Mike Brown
Jan and Gene Burleson
Liza and David Clifton
Margaret and Dallas Denny
Shannon and David Floyd
Jennifer and David Foster
Audrey and Dan Frey
Stacy and Bill Griboski
Susan and Jim Hannan
Penney and Jackson Hill
Suzanne and Michael Masters
Wendy and Pete Peterson
Propulsion Squared, LLC
Kay and Ron Quigley
Rivercrest Properties
Adrian and John Robinson
Carol Rowland
Eileen and Greg Seitz
Caryl and Ken Smith
Paula and Andrew Surdykowski
Leigh and Tim Walsh
Roy Wood Jr.

SOUTHERN SHINDIG 2018
Event Chairs
Maddie and Connor Davidson
Morgan and Mike DiOrio
Auction Chairs
Farley Sirockman
India Waters
Platinum Sponsor
The Brookdale Group
Gold Sponsors
Printpack
Sands Family Charitable Fund
Weatherston, McGrew, P.C.
Silver Sponsors
Freddie Akers, Jr.
Carlock, Copeland & Stair, LLP
Chicken Salad Chick
Eagle Merchant Partners
Mary Stuart and Joel Iverson
On the Border Mexican Grill & Cantina
STEMTutorScott.com
Bronze Sponsors
Atlanta Seed Company
Catherine and TJ Callaway
Libby and Brooks Barge
Bettes Love
Liz & Chas Smithgall
Kimbrell & Andrew Teegarden
Caroline & Bill Weimar

Gifts in Kind and Special Thanks
ASW Distillery
Alison Blue
Allie Hendee
Annie Griffith
Bark ATL
Bellemonde
Center for Puppetry Arts
Chick-fil-A
Delta Air Lines
Donna and Chip Davidson
Duane Rapson
Fox Theatre
Haley Price
High Museum of Art
India Waters
Jessica Bennett Photography
John Hobart
K. Bailey Jewelry
Kenson Interiors
Kimbrell & Andrew Teegarden
Local Three Kitchen and Bar
Mary Stuart and Joel Iverson
Matt Spaulding
Molly Burch
Onward Reserve
PlateSculpt
Sally King Benedict
Scott King Fitness
Sherlock’s Wine Merchant
Sid Mashburn

Southern Ground
Southwest
Susane Bozeman
The Daily
The Fifth Group
The St. Regis
Tom Blakely
Treyce Shaw
Tyler Picard
Vesta Movement
Wagging Tails Atlanta
Westside Yoga
Zoo Atlanta

ASSOCIATES LUNCHEON 2018
Associate President:
Sue McKinley
Associate Vice President:
Suci Jackson
Gold Sponsors
Atlanta Fine Homes | Sotheby’s International Realty
BrandBank
IBERIABANK
Gold Patrons
Cara Isdell Lee
The Shaifer Family
Southern Ground
Southwest
Susane Bozeman
The Daily
The Fifth Group
The St. Regis
Tom Blakely
Treyce Shaw
Tyler Picard
Vesta Movement
Wagging Tails Atlanta
Westside Yoga
Zoo Atlanta

Silver Sponsors
Anna Paré, M.D. – Dermatology Consultants
VEININNOVATIONS
Silver Patrons
Nan Easterlin
Duvall Fuqua
Suci Jackson
Kim Marks
Sue McKinley
Karen Parker
Caroline Tucker
Table Hosts
Elizabeth Cleveland
Diana Conway
Kathy Cotney
Donna Davidson
Vivian DuBose
Cindy Ferguson
Mary Frances Garrett
Kathy Ghirardini
Freddy and Gregg Goldenberg
Family Foundation
Jennifer Hayes
Tish Inman
Beth Inman
Nancy Izlar
Margaret Joiner
Valerie Love
Melissa Lowe
Tricia Nalle

ASSOCIATES LUNCHEON 2018
Associate President:
Sue McKinley
Associate Vice President:
Suci Jackson
Gold Sponsors
Atlanta Fine Homes | Sotheby’s International Realty
BrandBank
IBERIABANK
Gold Patrons
Cara Isdell Lee
The Shaifer Family

Silver Sponsors
Anna Paré, M.D. – Dermatology Consultants
VEININNOVATIONS
Silver Patrons
Nan Easterlin
Duvall Fuqua
Suci Jackson
Kim Marks
Sue McKinley
Karen Parker
Caroline Tucker
Table Hosts
Elizabeth Cleveland
Diana Conway
Kathy Cotney
Donna Davidson
Vivian DuBose
Cindy Ferguson
Mary Frances Garrett
Kathy Ghirardini
Freddy and Gregg Goldenberg
Family Foundation
Jennifer Hayes
Tish Inman
Beth Inman
Nancy Izlar
Margaret Joiner
Valerie Love
Melissa Lowe
Tricia Nalle
<table>
<thead>
<tr>
<th>Becky Riley</th>
<th>Alice Nolen</th>
<th>Louise Stowers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tricia Rosenbaum</td>
<td>Lisa Ogburn</td>
<td>Marie Stribling</td>
</tr>
<tr>
<td>Carolyn Shiverick</td>
<td>Patty Hatcher</td>
<td>Dunwreath Swanson</td>
</tr>
<tr>
<td>Nola Stull</td>
<td>Meg Heyer</td>
<td>Cheryl Sykes</td>
</tr>
<tr>
<td>Michelle Sullivan</td>
<td>Julia Hill</td>
<td>Michelle Thomas</td>
</tr>
<tr>
<td>Mary Watson</td>
<td>Keisha Hines</td>
<td>Mary Bridget Thurman</td>
</tr>
<tr>
<td>Mary Weathington</td>
<td>Melanie Hong</td>
<td>Ann Viehman</td>
</tr>
<tr>
<td>Leslie Wierman</td>
<td>Beth Inman</td>
<td>Debbie Wagner</td>
</tr>
<tr>
<td></td>
<td>Helen Izlar</td>
<td>Deborah Walker</td>
</tr>
<tr>
<td></td>
<td>Joan Johnston</td>
<td>Jan Wallace</td>
</tr>
<tr>
<td></td>
<td>J ohnnetta Kears</td>
<td>Caroline Weimar</td>
</tr>
<tr>
<td></td>
<td>Kim Lape</td>
<td>Lesley Wheeler</td>
</tr>
<tr>
<td></td>
<td>Jessica Levenson</td>
<td>Janice Wilmer</td>
</tr>
<tr>
<td></td>
<td>Lori Levey</td>
<td>Jennifer Wilson</td>
</tr>
<tr>
<td></td>
<td>Catherine Lindauer</td>
<td>Dina Woodruff</td>
</tr>
<tr>
<td></td>
<td>Carolyn Llorens</td>
<td>Cynthia Ziegler</td>
</tr>
<tr>
<td></td>
<td>Margaret Long</td>
<td>Gifts in Kind and Special Thanks</td>
</tr>
<tr>
<td></td>
<td>Betts Love</td>
<td>Anna Paré, M.D. –</td>
</tr>
<tr>
<td></td>
<td>Susan Luciani</td>
<td>Dermatology Consultants, P.C.</td>
</tr>
<tr>
<td></td>
<td>Ann Mashburn</td>
<td>Cindy Ensor Designs</td>
</tr>
<tr>
<td></td>
<td>Bonnie Meshad</td>
<td>Graceful Tables</td>
</tr>
<tr>
<td></td>
<td>Eileen Millard</td>
<td>Huff Harrington</td>
</tr>
<tr>
<td></td>
<td>Lorraine Miller</td>
<td>Laura Pearce Ltd.</td>
</tr>
<tr>
<td></td>
<td>Jean Mori</td>
<td>Neiman Marcus</td>
</tr>
<tr>
<td></td>
<td>Maripat Newington</td>
<td>VEININNOVATIONS</td>
</tr>
<tr>
<td></td>
<td>Susanne Nicholas</td>
<td>Willow Green</td>
</tr>
<tr>
<td></td>
<td>Michele Nichols</td>
<td>Woo Skincare + Cosmetics</td>
</tr>
<tr>
<td>Lou Glenn</td>
<td>Maria Noble</td>
<td></td>
</tr>
</tbody>
</table>

**ASSOCIATES FUND DONATIONS 2018**

Gayle Alston
Wendy Aronson
Cynthia Arrendale
Elizabeth Ausband
Tami Ayres
Deborah Bald
Alice Ann Battle
Lindsay Bender
Lisa Bridges
Nancy Bryant
Marion Bunker
Cary Calhoun
Susan Callaway
Elizabeth Cleveland
Mary Virginia Coffman
Paige Coker
Julie Collins
Kathy Cotney
Ann Culley
Donna Davidson
Charlene DeBorde
Deanna Dooley
Nan Easterlin
Cindy Ferguson
Frazer Fiveash
We are honored to be involved with Skyland Trail. It is a critically important organization to our Atlanta community as well as nationwide. It is an organization that is very close to our hearts and one that we will forever support. From the caring and competent staff to the thoughtful and effective leadership to the cutting edge treatment and post-treatment care, Skyland Trail is the gold standard for mental health care.

– Harrison Spry, Skyland Trail Advisory Board

HONOR AND MEMORIAL GIFTS

Gifts in Memory

John R. Alexander
Amie and Fred Herbert

Britney Barge
Beth Finnerty and David Martin
First NY
Tiffanie and Craig Gorman
Wally and Tommy Hills
Catherine and Bruce Williams

Sam Begner
Jody and Harry Kuniansky

James Best
Debbie and Keith Anderson
Elaine Mateo
Matthew McKenna
Northwoods Montessori, Inc.
Diane Seale
William Shaheen
Jennifer Stark-Blumenthal

Oliver Bolger
Karen Long

Marvin S. Bowen
Nancy and Carl Bowen
Jean and Robert Cochoy

Kenny Bowes
Ann and Seth Davies

Marion O. Bunker
Bob Bunker

Donna Daveau
Ellen Thomas

Frances Davis
Karen and Richard Parker

Mike Edwards
Kelley Peace

William R. Finnerty
Marge Finnerty

Brian Gager
Lucy Vance

Pedro J. Garcia
William J. Klopstock

Sam Glidewell
Sarah Glidewell Collins

Patsy Ann Harrison
Darling Ingredients Inc.
Foodmate
Frost, PLLC
Carole and Larry Hooks
Cindy and Van Price
Sheri and Valdon Smith
US Poultry
Wesley Woods Senior Living, Inc.

Marzena Holly
Beth and Harry Moore
Irene and Jim Nowicki

Will Hudson
Kate and Michael Monk

Duncan Kaulbach
Martha and George Kaulbach

Mike Luke
Beth and Harry Moore

Billy Mallard
Cindy and William Mallard

Christopher C. Miller
Lorraine Miller

Niels Nicholas
Christopher Barsky
Brooke and Robert Blasberg
Nancy and Jack Calhoun
Cherokee Women’s Tennis Association
Lori Falcon
Jan and John Featherston
Deanna Furry
Raye and Phil Handler
Craig Jones
Stephen Keaveney
Scott Martin
Lori and Forrest McClain
McElderry & Associates LLC
Paula and Roger Murray
James Nicholas
Jane and Jack Nichols
Beth and David Park
William Petit
Ryan Pross
Beth Rousseau
Kirk Sackett
Karen and John Schuerholz
Mark Shiels
Helen Shingler
Krist Ann and James Voyles
Skyland Trail transforms lives, and that is why I give my time and donations to this wonderful place. With more and more people facing mental health challenges every day, we are fortunate to have Skyland Trail, a leader in the mental health field, right here in Atlanta. At Skyland, the whole person is addressed – their mental, physical and emotional health. This enables people to adapt and cope successfully in their lives outside of Skyland. And, Skyland Trail tracks outcomes, a rarity in the field, and their record is truly impressive.

– Patty Reid, Skyland Trail Board of Directors
Significant progress was made in 2018 toward the construction of a new campus for adolescents and the development of a residential treatment program for teens ages 14 to 17.

The Building Resilience, Changing Lives campaign was completed in April 2018, which raised $21.4 million for campus construction, initial operations, and financial aid seed funding. A ceremonial groundbreaking took place in May 2018, and construction officially began in September.

In fall 2018, Skyland Trail announced that the adolescent campus would be named the J. Rex Fuqua Campus in recognition of the leadership and generosity of long-time board member and supporter Rex Fuqua.

Construction on the campus in Chamblee is progressing and on schedule. Renovations are underway on an existing 30,000 sq. ft., two story office building, which will become the Rollins Family Clinical Building.

The renovated building will include:
- individual and group therapy rooms
- art and music therapy rooms
- meditation room
- a media center and tutoring rooms
- a fitness studio
- a commercial grade kitchen and dining hall
- offices for clinical and administrative staff

A second two-story building, the Glenn Family Residence Hall, will be constructed adjacent to the clinical building. It will include 26 private patient rooms as well as a common living area, family room, kitchen and dining areas, and nurses’ station.

Outdoor spaces will include a sports pavilion, an outdoor dining terrace, and the Cox Courtyard.

Key staff, including a child and adolescent psychiatrist and a vice president for adolescent clinical services, have committed to join the Skyland Trail team in spring 2019.

The adolescent program at the J. Rex Fuqua Campus is scheduled to open to teens and their families in fall 2019 and will serve 350 annually at full capacity. This campus and program are made possible through the generosity of Skyland Trail donors and the Atlanta philanthropic community.

Capital Campaign Complete, Construction Begins

THE ADOLESCENT CAMPUS WILL BE NAMED THE J. REX FUQUA CAMPUS IN RECOGNITION OF THE LEADERSHIP AND GENEROSITY OF REX FUQUA.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>APRIL 2017</td>
<td>Board approval of project</td>
</tr>
<tr>
<td>JUNE 2017</td>
<td>First gift to campaign: $3M</td>
</tr>
<tr>
<td>JULY 2017</td>
<td>Property purchased</td>
</tr>
<tr>
<td>APRIL 2018</td>
<td>$20M raised</td>
</tr>
<tr>
<td>MAY 2018</td>
<td>Groundbreaking ceremony</td>
</tr>
<tr>
<td>SEPTEMBER 2018</td>
<td>Construction begins</td>
</tr>
<tr>
<td>FALL 2019</td>
<td>Anticipated grand opening</td>
</tr>
</tbody>
</table>
CAMPAIGN COMMITTEE

Campaign Chairs
Rex Fuqua
Rand Glenn Hagen
Tom Johnson

Committee Members
Joanna Adams
Tom Bell
Duvall Fuqua
Allison Hill, JD, PhD
Jim Howard
Billy Huger
Clay Jackson
Amy Rollins Kreisler
Melissa Lowe
Lorri McClain
Ned Montag
Colleen Nunn
Richard Parker
Nina Schwartz

IMAGES: 1 Mark West, Richard Parker, Tom Johnson, Clay Jackson  2 Carrie Larrier, Mary Watson, Rand Glenn Hagen, Cindy Ferguson  3 Susan and Jim Hannan  4 Tom Johnson, Dorothy Jordan, Rand Glenn Hagen, Beth Finnerty, Rex Fuqua, Richard Parker  Below: Beth Holder, Mark West, Rev. Joanna Adams, John Brack, Susan Hannan, Jim Hannan, Tom Glenn, Rand Glenn Hagen, Lou Glenn, Amy Rollins Kreisler, Rex Fuqua, Duvall Fuqua, Jennie Blake, Margie Wynne  (Photos by Lee Patterson)
FOUNDERS

Visionary Founders
Gifts of $3,000,000 or more
The Realan Foundation
Robert W. Woodruff Foundation

Leadership Founders
Gifts of $1,000,000-$2,999,999
Anonymous (2)
The James M. Cox Foundation
The Wilbur & Hilda Glenn Family Foundation
The O. Wayne Rollins Foundation
The West Foundation

Sustaining Founders
Gifts of $250,000 - $999,999
Anonymous
Jennifer and Thomas Bell Family Foundation
Mary and John Brock
Susan and Jim Hannan
Beth and Tommy Holder
Edwina and Tom Johnson
The Palumbo Family Charitable Fund

BENEFACTORS

Gifts of $50,000-$99,999
Anonymous
MUFFETT and Richard Arroll
Amy and Cecil Conlee
Allison and Ben Hill
Humann Family Foundation
Patty and Doug Reid
SunTrust Trusteed Foundations: Nell Warren Elkin and William Simpson Elkin Foundation

PACESETTERS

Gifts of $10,000-$49,999
Rev. Dr. Joanna Adams and Alfred Adams III
Yum and Ross Arnold
Libby and Brooks Barge
The Blanche Lipscomb Foundation
Mary Allen Lindsey Branan Foundation
The Chandler Family Foundation
Annelly Deets
Cindy and John Ferguson
Cindy and Bill Fowler
The Fraser-Parker Foundation
Bernard and Anne Howell Gray Advised Fund
Dana Halberg and Larry Pless
The John H. and Wilhemina D. Harland Charitable Foundation
Kristin and Jim Howard
The Hugh M. Inman Foundation
Mary and Neil Johnson
Betts Culp Love
Melissa and Chris Lowe
Kim and Greg Marks
Judy and Lester Miller
Jackie and Tony Montag
Andrea and Ned Montag
The Colleen and Sam Nunn Family Foundation
Karen and Richard Parker
Johannah and David Plyler
Sally and Ross Singletary
Diana and Mark Tipton
June and Michael Tompkins
Vasser Woolley Foundation
David, Helen and Marian Woodward Fund
The Wink and Mark Wynne Fund
Yancey Bros. Co.
Studie and Zach Young

LEADERS

Gifts of $100,000-$249,999
The Coca-Cola Foundation
The DeAngelo Family
Duvall and Rex Fuqua
Jane and Clay Jackson
Amy and Nevin Kreisler
Kelly Loeffler and Jeffrey Sprecher
Skyland Trail Associates
Griff and Charles Smithgall
Tull Charitable Foundation

PACESETTERS

Gifts of $10,000-$49,999
Rev. Dr. Joanna Adams and Alfred Adams III
Yum and Ross Arnold
Libby and Brooks Barge
The Blanche Lipscomb Foundation
Mary Allen Lindsey Branan Foundation
The Chandler Family Foundation
Annelly Deets
Cindy and John Ferguson
Cindy and Bill Fowler
The Fraser-Parker Foundation
Bernard and Anne Howell Gray Advised Fund
Dana Halberg and Larry Pless
The John H. and Wilhemina D. Harland Charitable Foundation
Kristin and Jim Howard
The Hugh M. Inman Foundation
Mary and Neil Johnson
Betts Culp Love
Melissa and Chris Lowe
Kim and Greg Marks
Judy and Lester Miller
Jackie and Tony Montag
Andrea and Ned Montag
The Colleen and Sam Nunn Family Foundation
Karen and Richard Parker
Johannah and David Plyler
Sally and Ross Singletary
Diana and Mark Tipton
June and Michael Tompkins
Vasser Woolley Foundation
David, Helen and Marian Woodward Fund
The Wink and Mark Wynne Fund
Yancey Bros. Co.
Studie and Zach Young

FRIENDS

Gifts of $9,999 and below
Virginia Apperson
Liz and Frank Blake
Chris Cline and Ron Rezendes
Jackie and John Coleman
Beth Finnerty and David Martin
Molly and Henry Froelich
Isabel Fuqua
Shearon and Taylor Glover
Glover and Davis, P.A.
Julia and Eli Green
Rand and Seth Hagen
The Dot and Lam Hardman Family Foundation
Hills Family Foundation
The Home Depot Foundation
Felicia and Billy Huger
Abby and John Irby
Barbara and Bruce Irvine
Courtney and Kyle Jenks
Dorothy Jordan and Tom Grathwohl
The Lookout Foundation
Gary D. Matthews
Jane and Bill McDonald
Lorraine Miller
Denise and Jay Mitchell
Doris and Jeff Muir
Karen and Clay Rollader
Nina and Bill Schwartz
Michelle and Steve Sullivan
Richard Thompson
Lucy Vance
Sara and Bob Walker
Brooke and Winston Weinmann
Blanton C. Winship
Tyler and Robby Wynne

Donor listing includes gifts received through December 31, 2018.
2018 Financial Highlights

REVENUE

- 55% Program Revenue
- 30% Restricted Revenue - Capital Campaign
- 9% Unrestricted Revenue
- 5% Restricted Revenue - Non-Capital Campaign

Breakdown of Program Revenue

- 66% Residential Treatment
- 17% Day Services
- 11% Physician Services & Family Therapy
- 4% Independence Coaching
- 2% Primary Care
- <1% LEAP
- <1% Vocational Services

Sources of Charitable Donations

- 51% Individuals
- 45% Foundations
- 4% Corporate & Business

EXPENSES

Direct Program Expenses

- 37% Day Treatment
- 36% Residential Treatment
- 12% Physician Services & Family Therapy
- 4% LEAP
- 4% Vocational Services
- 3% Primary Care
- 2% Independence Coaching
- 2% Other

Distribution of Financial Aid by Program

- 84% Residential Treatment
- 10% Day Services
- 5% Independence Counseling
- <1% Vocational Services
- <1% LEAP
Richard Parker has made phenomenal contributions to the Skyland Trail community over the past 20 years. He is a true believer in the importance of whole person health and integrated treatment and has invested his time and leadership in helping us expand programming in this area that will undoubtedly save lives. We thank Richard for his wisdom and generosity.

– Beth Finnerty
Together we’re making a difference: Very special thanks

Richard Parker

After serving as Skyland Trail Board Chair from 2016 through 2018, Richard Parker stepped down from the Board of Directors in December, after completing his term. Richard served in a board capacity at Skyland Trail for more than 20 years. As part of his service, he participated in every committee, chaired the Advisory Board from 2001 to 2002, chaired the executive committee from 2003 to 2013, and chaired Benefits of Laughter with his wife, Karen, in 2001. He served as co-chair of the Changing Minds Campaign from 2013 to 2016 and helped raise more than $20 million for the Rollins Campus for young adults and the Glenn Family Wellness Clinic. He recently served on the leadership cabinet and campaign committee for the Building Resilience, Changing Lives Campaign and helped raise more than $21 million for the J. Rex Fuqua Campus for adolescents.

To recognize Parker’s leadership, Skyland Trail will plant the first tree in the Chairman’s Forest in his honor, a gold rush dawn redwood tree.

Michael Tompkins

From negotiating with financial institutions to leading board discussions, Michael has used his great skill and foresight to advance our mission in incredibly meaningful ways.

– Beth Finnerty

WE ALSO THANK Michael Tompkins, who stepped down from the Board of Directors in December after 16 years of board service. Michael has been an important part of Skyland Trail’s growth, serving as investment chair in 2008, building and grounds committee chair in 2013, finance committee chair from 2015 to 2017, and executive committee chair from 2016 to 2018.